







2026 FDH NFL Midseason Breakdown

Our rankings are a mashup of the following measures: our FDH power rankings, SRS, margin of victory, strength of schedule, offensive SRS, offensive yards per play, offensive 3rd down %, defensive SRS, defensive yards per play and defensive 3rd down %. Credit to https://www.pro-football-reference.com/ for statistics.

	1ST TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
1	Jacksonville	5	1	1	25	5	6	3	2	17	6	71
2	San Francisco	2	4	2	26	3	2	2	10	3	18	72
3	Buffalo	1	3	3	21	1	4	8	20	11	13	85
4	Chicago	3	5	6	11	3	15	4	12	30	1	90
5	Kansas City	7	8	5	29	13	1	9	6	4	10	92
	2ND TIER	**FDH**	**SRS**	**MOV**	**SoS**	**OSRS**	**OY/P**	**3DO**	**DSRS**	**DY/P**	**3DD**	**Total**
6	Seattle	4	11	8	22	20	18	20	3	1	2	109
7T	Cincinnati	11	2	4	13	2	3	1	18	27	30	111
7T	Green Bay	12	9	12	5	12	10	17	8	4	22	111
9	New England	13	12	18	3	10	4	11	11	22	12	116
10	Pittsburgh	15	10	7	18	17	18	16	4	6	7	118
11	LA Rams	9	16	11	28	18	9	13	9	6	4	123
12	Tampa Bay	18	7	13	4	15	24	23	5	6	9	124
13	Minnesota	8	6	10	8	28	30	30	1	2	3	126
14	Houston	16	15	14	18	10	7	14	16	15	14	139
15T	Denver	6	14	15	5	16	26	31	7	11	21	152
15T	Detroit	10	12	9	24	6	7	21	19	17	27	152
	3RD TIER	**FDH**	**SRS**	**MOV**	**SoS**	**OSRS**	**OY/P**	**3DO**	**DSRS**	**DY/P**	**3DD**	**Total**
17	NY Giants	14	20	15	32	24	21	11	17	6	11	171
18	Carolina	19	18	19	9	7	12	19	27	15	31	176
19	Atlanta	24	17	22	2	21	12	27	14	17	24	180
20	Las Vegas	17	21	20	16	7	16	6	32	31	26	192
21	Baltimore	22	25	26	13	26	12	17	22	17	15	195
22	Cleveland	21	22	22	15	27	22	28	13	11	16	197
23	Dallas	26	19	17	31	9	10	5	28	28	32	205
24	New Orleans	20	23	22	20	14	24	7	30	25	28	213
25	NY Jets	28	24	25	16	24	16	26	22	10	23	214
26	Miami	31	27	31	1	30	22	10	15	23	29	219
27	Washington	25	26	21	27	22	18	32	26	11	17	225
28	Arizona	23	29	30	10	23	28	15	31	23	20	232
29	Indianapolis	30	28	28	11	19	31	22	29	32	5	235
30	LA Chargers	32	32	32	7	32	28	28	24	25	7	247
31	Philadelphia	27	30	29	23	31	32	25	20	17	19	253
	4TH TIER	**FDH**	**SRS**	**MOV**	**SoS**	**OSRS**	**OY/P**	**3DO**	**DSRS**	**DY/P**	**3DD**	**Total**
32	Tennessee	29	31	27	29	29	26	24	25	28	25	273

Playoff Predictions

Wild Card Round

2 BUF over 7 NE

3 KC over 6 PIT

5 DEN over 4 CIN

2 CHI over 7 LAR

6 GB over 3 NYG

5 SEA over 4 TB

Divisional Round

1 JAX over 5 DEN

2 BUF over 3 KC

5 SEA over 1 SF

2 CHI over 6 GB

Championship Sunday

1 JAX over 2 BUF

2 CHI over 5 SEA

Super Bowl 61

CHI over JAX

BIGGEST RISERS SINCE EARLY SEASON BREAKDOWN

NY Giants 11 spots, Green Bay 8 spots, Houston and Tampa Bay 6 spots, Buffalo 5 spots, Washington 4 spots, Cincinnati, Pittsburgh and Seattle 3 spots

BIGGEST FALLERS SINCE EARLY SEASON BREAKDOWN

Baltimore 10 spots, Minnesota 9 spots, Indianapolis 7 spots, Atlanta, Carolina and NY Jets 6 spots, LA Chargers, LA Rams and New England 4 spots, Kansas City 3 spots