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Nothing is off-topic.
Nothing.



2026 FANTASYDRAFTHELP.COM & THE FDH LOUNGE COLLEGE & PRO FOOTBALL TIPSHEET WEEK 7

COLLEGE FOOTBALL PLAYOFF RANKINGS AS OF NOW

- 1 Miami
 - 2 Mississippi
 - 3 BYU
 - 4 Indiana
 - 5 Georgia
 - 6 UCLA
 - 7 Texas Tech
 - 8 Notre Dame
 - 9 Ohio State
 - 10 Tennessee
 - 11 Utah
 - 12 Boise State
- Next Four In:
- Kentucky
Houston
USC
SMU

NFL DIVISIONAL RANKINGS

(NOTE: Fewest points are the best.)

- NFC NORTH 39
NFC WEST 42
AFC WEST 58
AFC NORTH 65
AFC EAST 66
AFC SOUTH 79
NFC EAST 80
NFC SOUTH 89

NFL CONFERENCE RANKINGS

- NFC 250
AFC 268



COLLEGE FOOTBALL WEEK 8 PICKS

Last Week's Picks: 5-3. Picks This Season: 23-15
UCLA -14 over Michigan State, Mississippi +3 1/2 over Texas and Utah -6 1/2 over Houston.

NFL WEEK 7 PICKS

NOTE: Thursday night game picks are always posted at X.com/TheFDHLounge.
Last Weeks Picks: 6-8 Overall, 2-1 on The Big 3, 0-1 on The Lock. 41-52, 6-12 and 2-4 on the season. Buffalo, Jacksonville, the LA Chargers and Washington are on the bye.

Chicago -2 1/2 over New England, Pittsburgh -3 1/2 over New Orleans, Indianapolis +6 1/2 over Minnesota, Baltimore -2 1/2 over Cincinnati, Tampa Bay +3 1/2 over Carolina, Houston -9 1/2 over New York Giants, Arizona +4 1/2 over Denver, Las Vegas +4 1/2 over LA Rams, Detroit -3 1/2 over Green Bay, Kansas City +2 1/2 over Seattle, Dallas -4 1/2 over Philadelphia.

Big 3 Picks and the 1,000-Star Lock of the Millenium Pick: Cleveland -1 1/2 over Tennessee, NY Jets -4 1/2 over Miami and San Francisco -3 1/2 over Atlanta in the Lock.

FANTASY FOOTBALL

The Present List of Players Who Should Not Be Benched If Healthy

QB: Dak Prescott, Jared Goff, Joe Burrow, Josh Allen, Lamar Jackson and Matthew Stafford.

RB: Ashton Jeanty, Bijan Robinson, Christian McCaffrey, Jahmyr Gibbs, James Cook, Jeremiyah Love, Jonathan Taylor, Josh Jacobs, Kenneth Walker III, Saquon Barkley

WR: Amon-Ra St. Brown, CeeDee Lamb, Chris Olave, Drake London, George Pickens, Ja'Marr Chase, Justin Jefferson and Puka Nacua.

TE: Brock Bowers and Trey McBride.

This Week's Recommended Starters

QB: Brock Purdy, Bryce Young, Caleb Williams, CJ Stroud, Drake Maye, Jordan Love, Kirk Cousins, Kyler Murray, Patrick Mahomes, Sam Darnold, Tyler Shough.

RB: Aaron Jones, Braelon Allen, Cam Skattebo, Chase Brown, Chuba Hubbard, Dameon Pierce, D'Andre Swift, Derrick Henry, Emanuel Wilson, Jaylen Warren, JK Dobbins, Josh Jacobs, Kendre Miller, Kyren Williams, Ollie Gordon, Rhamondre Stevenson, RJ Harvey, Tony Pollard, TreVeyon Henderson, Woody Marks.

WR: AJ Brown, Carnell Tate, Chris Olave, Denzel Boston, DeVonta Smith, DK Metcalf, Garrett Wilson, Jalen Coker, Jameson Williams, Luther Burden III, Malik Nabors, Michael Wilson, Nico Collins, Omar Cooper Jr, Tee Higgins, Tetairoa McMillan, Zay Flowers.

TE: Colston Loveland, Dallas Goedert, George Kittle, Harold Fannin, Jr., Hunter Henry, Juwon Johnson, Kyle Pitts, Isaiah Likely, Sam LaPorta, Tucker Kraft.

NFL POWER RANKINGS

NOTE: Numbers in parenthesis represent previous power rankings.

TOP TIER

- 1 San Francisco (12-7-5-3-2-1)
- 2 Buffalo (6-2-2-1-5-3)
- 3 Kansas City (14-8-6-4-4-4)
- 4 Seattle (2-1-1-2-1-2)
- 5 Chicago (4-3-7-6-6-10)
- 6 Denver (9-9-9-8-9-8)
- 7 Jacksonville (25-14-12-9-8-7)
- 8 LA Rams (1-5-3-5-3-5)
- 9 Minnesota (26-22-18-13-11-9)

SECOND TIER

- 10 New England (13-15-13-20-15-12)
- 11 Detroit (15-11-11-11-12-11)
- 12 Cincinnati (16-17-14-14-16-13)
- 13 Baltimore (8-4-8-7-7-6)
- 14 Green Bay (11-18-19-27-27-14)
- 15 Carolina (17-20-16-24-24-22)
- 16 NY Giants (20-16-20-19-17-15)
- 17 Houston (10-10-15-18-21-19)
- 18 Las Vegas (28-28-21-15-13-16)
- 19 Cleveland (30-32-31-23-19-24)
- 20 New Orleans (27-24-17-17-23-25)

THIRD TIER

- 21 Pittsburgh (21-23-25-21-25-20)
 - 22 NY Jets (29-29-27-25-26-21)
 - 23 Philadelphia (3-6-4-10-14-17)
 - 24 Dallas (7-12-10-12-10-18)
 - 25 Indianapolis (23-26-23-22-18-23)
 - 26 Atlanta (22-27-30-26-22-26)
 - 27 Washington (19-19-24-16-20-27)
 - 28 Tampa Bay (18-21-28-30-30-28)
- #### FOURTH TIER
- 29 Arizona (32-25-26-29-29-30)
 - 30 Tennessee (24-30-29-31-31-31)
 - 31 LA Chargers (5-13-22-28-28-29)
 - 32 Miami (31-31-32-32-32-32)

BIGGEST RISERS: Carolina (7 spots), Chicago, Cleveland and New Orleans (5 spots)

BIGGEST FALLERS: Baltimore (7 spots), Dallas and Philadelphia (6 spots), LA Rams (3 spots),

