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Nothing is off-topic.
Nothing.



2026 FANTASYDRAFTHELP.COM & THE FDH LOUNGE COLLEGE & PRO FOOTBALL TIPSHEET WEEK 4

COLLEGE FOOTBALL PLAYOFF RANKINGS AS OF NOW

- 1 Indiana
 - 2 Texas
 - 3 Georgia
 - 4 Notre Dame
 - 5 Miami
 - 6 Ohio State
 - 7 LSU
 - 8 Florida
 - 9 Mississippi
 - 10 BYU
 - 11 Texas Tech
 - 12 Boise State
- Next Four In:
Alabama
Iowa
UCLA
Utah

NFL DIVISIONAL RANKINGS

(NOTE: Fewest points are the best.)

- NFC WEST 36
NFC EAST 47
AFC WEST 55
NFC NORTH 57
AFC NORTH 65
AFC EAST 78
AFC SOUTH 80
NFC SOUTH 97

NFL CONFERENCE RANKINGS

- NFC 237
AFC 278



COLLEGE FOOTBALL WEEK 5 PICKS

Last Week's Picks: 6-0. Picks This Season: 15-6
Mississippi State +5 1/2 over Alabama, Ohio -3 1/2 over Kent State, Ohio State -14 1/2 over Iowa and Florida -5 1/2 over Missouri.

NFL WEEK 4 PICKS

NOTE: Thursday night game picks are always posted at X.com/TheFDHLounge.
Last Weeks Picks: 4-12 Overall, 0-3 on The Big 3, 0-1 on The Lock. 21-27, 2-7 and 1-2 on the season.

Cleveland +2 1/2 over Pittsburgh, Indianapolis -3 1/2 over Washington, Houston -3 1/2 over Dallas, Arizona -2 1/2 over the New York Giants, New England +6 1/2 over Buffalo, the New York Jets +3 1/2 over Chicago, Cincinnati -2 1/2 over Jacksonville, Tennessee +11 1/2 over Baltimore, LA Rams -3 1/2 over Philadelphia, Green Bay -3 1/2 over Tampa Bay, Miami +10 1/2 over Minnesota, Las Vegas +4 1/2 over Kansas City and LA Chargers +7 1/2 over Seattle.

Big 3 Picks: Denver +2 1/2 over San Francisco and Detroit -3 1/2 over Carolina and the 1,000-Star Lock of the Millenium Pick, New Orleans -2 1/2 over Atlanta.

FANTASY FOOTBALL

The Present List of Players Who Should Not Be Benched If Healthy

QB: Dak Prescott, Jared Goff, Joe Burrow, Josh Allen, Lamar Jackson and Matthew Stafford.

RB: Ashton Jeanty, Bijan Robinson, Christian McCaffrey, Jahmyr Gibbs, James Cook, Jeremiyah Love, Jonathan Taylor, Josh Jacobs, Saquon Barkley
WR: Amon-Ra St. Brown, CeeDee Lamb, Drake London, George Pickens, Ja'Marr Chase, Justin Jefferson and Puka Nacua.

TE: Brock Bowers and Trey McBride.

This Week's Recommended Starters

QB: Bo Nix, Brock Purdy, Bryce Young, Daniel Jones, Jacoby Brissett, Jalen Hurts, Jordan Love, Kirk Cousins, Kyler Murray, Marcus Mariota, Patrick Mahomes, Sam Darnold, Trevor Lawrence, Tyler Shough.

RB: Aaron Jones, Alvin Kamara, Bhayshul Tuten, Braelon Allen, Cam Skattebo, Chase Brown, Chuba Hubbard, D'Andre Swift, David Montgomery, Derrick Henry, Jacory Croskey-Merritt, Javonte Williams, Jaylen Warren, JK Dobbins, Kenneth Walker III, Kyle Monongai, Kyren Williams, Ollie Gordon, Omarion Hampton, Quinshon Judkins, Rhamondre Stevenson, TreVeyon Henderson.

WR: Chris Olave, Christian Watson, Davonte Adams, Denzel Boston, DK Metcalf, Emeka Egbuka, Garrett Wilson, Jameson Williams, Jordan Addison, Josh Downs, Keenan Allen, Luther Burden III, Malik Nabors, Matthew Golden, Michael Wilson, Parker Washington, Rashee Rice, Stefon Diggs, Terry McLaurin, Tetairoa McMillan, Tee Higgins.

TE: Dalton Kincaid, Dalton Schultz, Darren Waller, George Kittle, Harold Fannin Jr, Isaiah Likely, Jake Ferguson, Juwon Johnson, Kyle Pitts, Mark Andrews, Sam LaPorta, Travis Kelce, Tucker Kraft, Tyler Higbee, Tyler Warren.

NFL POWER RANKINGS

NOTE: Numbers in parenthesis represent previous power rankings.

TOP TIER

- 1 Buffalo (6-2-2)
- 2 Seattle (2-1-1)
- 3 San Francisco (12-7-5)
- 4 Kansas City (14-8-6)
- 5 LA Rams (1-5-3)
- 6 Chicago (4-3-7)
- 7 Baltimore (8-4-8)
- 8 Denver (9-9-9)
- 9 Jacksonville (25-14-12)
- 10 Philadelphia (3-6-4)

SECOND TIER

- 11 Detroit (15-11-11)
- 12 Dallas (7-12-10)
- 13 Minnesota (26-22-18)
- 14 Cincinnati (16-17-14)
- 15 Las Vegas (28-28-21)
- 16 Washington (19-19-24)
- 17 New Orleans (27-24-17)
- 18 Houston (10-10-15)
- 19 NY Giants (20-16-20)

THIRD TIER

- 20 New England (13-15-13)
- 21 Pittsburgh (21-23-25)
- 22 Indianapolis (23-26-23)
- 23 Cleveland (30-32-31)
- 24 Carolina (17-20-16)
- 25 NY Jets (29-29-27)
- 26 Atlanta (22-27-30)
- 27 Green Bay (11-18-19)

FOURTH TIER

- 28 LA Chargers (5-13-22)
- 29 Arizona (32-25-26)
- 30 Tampa Bay (18-21-28)
- 31 Tennessee (24-30-29)
- 32 Miami (31-31-32)

BIGGEST RISERS: Cleveland and Washington (8 spots), Las Vegas (6 spots), Minnesota (5 spots), Atlanta and Pittsburgh (4 spots), Jacksonville (3 spots)
BIGGEST FALLERS: Carolina and Green Bay (8 spots), New England (7 spots), LA Chargers and Philadelphia (6 spots), Arizona and Houston (3 spots)