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Nothing.



2025 FANTASYDRAFTHELP.COM & THE FDH LOUNGE COLLEGE & PRO FOOTBALL TIPSHEET WEEK 16

COLLEGE FOOTBALL PLAYOFF ROUND 1

NFL POWER RANKINGS

Last Week's Picks: 1-0, Picks This Season: 41-40-2. Alabama -1 1/2 over Oklahoma, Texas A&M -3 over Miami, Tulane +17 1/2 over Mississippi, Oregon -20 1/2 over James Madison.

NFL WEEK 16 PICKS

NOTE: Thursday night game picks are always posted at X.com/ TheFDHLounge. Last Week's Picks: 6-10 Overall, 2-1 on The Big 3, 1-0 on The Lock. For the season 102-119-4, 24-21 and 8-7. No teams on the bye. LA Rams +1 1/2 over Seattle, Philadelphia -7 over Washington, Green Bay +1 1/2 over Chicago, Tampa Bay -3 over Carolina, LA Chargers +2 over Dallas, Minnesota -2 1/2 over New York Giants, Kansas City -3 over Tennessee, Miami +4 over Cincinnati, Arizona +3 over Atlanta, Denver -3 1/2 over Jacksonville, Houston -14 over Las Vegas, Detroit -7 over Pittsburgh and Baltimore -3 over New England.

Big 3 Picks: New Orleans -6 over New York Jets and Buffalo -10 1/2 over Cleveland and the 1,000-Star Lock of the Millenium Pick San Francisco -5 1/2 over Indianapolis.

FANTASY FOOTBALL

The Present List of Players Who Should Not Be Benched If Healthy

QB: Josh Allen, Joe Burrow, Jayden Daniels, Lamar Jackson, Patrick Mahomes, Dak Prescott and Matthew Stafford..

RB: Saquon Barkley, Jahmyr Gibbs, Derrick Henry, Ashton Jeanty, Josh Jacobs, Christian McCaffrey, Bijan Robinson and Jonathan Taylor.

WR: AJ Brown, Amon-Ra St. Brown, Ja'Marr Chase, Emeka Egbuka, Justin Jefferson, CeeDee Lamb, Drake London, Puka Nacua, George Pickens, Jaxon Smith-Njigba and Brian Thomas, Jr.

TE: Brock Bowers, Jake Ferguson, Trey McBride and Tyler Warren.

This Week's Recommended Starters

QB: Jacoby Brissett, Sam Darnold, Jaxon Dart, Jared Goff, Justin Herbert, Jalen Hurts, Trevor Lawrence, Jordan Love, Drake Maye, Baker Mayfield, Bo Nix, Brock Purdy, CJ Stroud and Caleb Williams.

RB: De'Von Achane, Tyler Allgeier, Chase Brown, Michael Carter, Zach Charbonnet, James Cook, Jacory Croskey-Merritt, Rico Dowdle, Travis Etienne, Breece Hall, Omarion Hampton, TreVeyon Henderson, Bucky Irving, Aaron Jones, Quinshon Judkins, Kyle Monangai, David Montgomery, Tyrone Tracy, Kenneth Walker III, Jaylen Warren and Kyren Williams.

WR: Nico Collins, Stefon Diggs, Romeo Dobbs, Zay Flowers, Troy Franklin, Chris Godwin, Jauan Jennings, Ladd McConkey, Terry McLaurin, Tetairoa McMillan, DK Metcalf, Jakobi Meyers, DJ Moore, Chris Olave, Jayden Reed, Rashee Rice, Wan'Dale Robinson, Deebo Samuel, Khalil Shakir, DeVonta Smith, Courtland Sutton, Jaylen Waddle, Jameson Williams and Michael Wilson.

TE: Harold Fannin, Oronde Gadsden, Dallas Goedert, Travis Kelce, George Kittle, Colston Loveland and Dalton Schultz.

NOTE: Numbers in parenthesis represent previous power rankings.

TOP TIER

- 1 LA Rams (10-10-8-11-4-6-7-5-5-3-1-1-1-1)
- 2 Seattle (26-24-23-14-8-11-2-2-2-1-1-2-2-2-2)
- 3 Denver (17-15-15-13-11-7-8-9-10-7-7-7-5-7-6)
- 4 Buffalo (8-3-3-2-2-4-6-6-4-5-5-8-8-7)
- 5 Green Bay (3-2-2-4-5-4-6-7-7-8-8-9-7-3-3)
- 6 Chicago (18-20-21-19-18-19-18-14-16-15-14-13-11-5-5)
- 7 Detroit (5-8-5-5-3-3-3-1-1-2-2-4-3-4-4)
- 8 Philadelphia (1-1-1-1-1-1-5-4-4-3-4-3-4-6-8)
- 9 San Francisco (12-11-9-8-9-10-15-11-12-12-13-12-12-11-10)
- 10 New England (15-18-16-21-20-15-13-12-11-11-10-10-10-9-9)
- 11 Houston (6-6-13-23-22-16-17-19-14-18-15-16-14-13-11)
- 12 Jacksonville (28-26-25-16-13-9-11-15-15-14-17-14-15-16-15)
- 13 LA Chargers (7-4-4-3-6-14-14-13-13-13-12-15-16-14-13)
- 14 Tampa Bay (11-12-10-9-7-5-1-8-8-10-11-11-13-12-12)

SECOND TIER

- 15 Baltimore (4-5-6-6-14-18-25-26-20-16-16-17-18-19-19)
- 16 Pittsburgh (25-23-26-18-17-17-16-20-22-19-18-18-19-20-18)
- 17 Dallas (21-22-22-25-23-22-23-17-17-22-22-20-17-15-17)
- 18 Kansas City (2-7-11-12-10-13-10-10-9-9-9-8-6-10-14)
- 19 Carolina (30-30-30-27-27-27-22-16-19-17-19-19-21-17-16)
- 20 Indianapolis (27-21-12-10-12-8-9-3-3-6-6-6-9-18-20)
- 21 Miami (29-29-29-30-29-29-29-31-29-29-27-23-22-22-21)
- 22 Minnesota (20-16-20-17-19-20-20-22-23-21-21-21-23-23-23)
- 23 Cincinnati (13-13-19-22-25-25-28-23-21-20-20-22-20-21-22)

THIRD TIER

- 24 Washington (9-9-7-7-15-12-12-18-18-23-23-24-24-24-24)
- 25 Atlanta (14-17-14-24-21-21-19-21-24-24-24-25-25-25-25)
- 26 Arizona (19-19-17-15-16-23-24-25-25-25-25-26-26-26-26)
- 27 New Orleans (32-32-32-32-32-30-27-29-31-31-29-28-28-28-28)

FOURTH TIER

- 28 NY Giants (31-31-31-31-28-31-21-24-26-26-26-27-27-27-27)
- 29 NY Jets (22-27-27-29-30-32-32-32-30-30-30-30-30-29)
- 30 Tennessee (23-25-24-28-31-28-31-30-32-32-32-32-32-32-30)
- 31 Cleveland (24-28-28-26-26-26-30-27-28-28-31-31-29-29-31)

NFL DIVISIONAL RANKINGS

(NOTE: Fewest points are the best.)

- 1 NFC WEST 38
- 2 NFC NORTH 40
- 3 AFC EAST 64
- 4 AFC WEST 66

- 5T AFC SOUTH 73
- 5T NFC EAST 73
- 7T NFC SOUTH 85
- 7T AFC NORTH 85

BIGGEST RISERS: Baltimore (4 spots), Buffalo, Denver and Jacksonville (3 spots)
BIGGEST FALLERS: Kansas City (4 spots), Carolina and Detroit (3 spots)

NFL CONFERENCE RANKINGS

- 1 NFC 236
- 2 AFC 288

