



2025 FDH NFL Midseason Breakdown

Our rankings are a mashup of the following measures: our FDH power rankings, SRS, margin of victory, strength of schedule, offensive SRS, offensive yards per play, offensive 3rd down %, defensive SRS, defensive yards per play and defensive 3rd down %.

Credit to <https://www.pro-football-reference.com/> for statistics.

	1ST TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total	Playoff Predictions
1	LA Rams	5	1	2	10	6	7	15	2	3	2	53	Wild Card Round
2	Seattle	1	2	3	11	2	1	22	5	3	12	62	2 IND over 7 JAX
	2ND TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total	
3	Indianapolis	6	3	1	27	1	1	6	13	9	29	96	6 NE over 3 PIT
4	Denver	7	7	8	17	19	15	19	4	1	1	98	5 KC over 4 DEN
5	Green Bay	8	12	10	29	17	5	2	8	2	6	99	2 SEA over 7 WAS
6	Kansas City	9	5	5	15	11	7	10	3	16	19	100	6 LAR over 3 PHI
7	Detroit	2	6	6	21	4	7	25	13	8	13	105	4 GB over 5 DET
8	Buffalo	4	10	4	31	5	3	5	20	16	14	112	Divisional Round
9T	San Francisco	12	11	16	3	12	15	3	6	20	18	116	1 BUF over 6 NE
9T	Houston	18	4	9	2	20	25	31	1	3	3	116	5 KC over 2 IND
11	Tampa Bay	10	9	12	5	7	17	25	10	9	16	120	6 LAR over 1 TB
12	LA Chargers	13	15	12	26	17	11	1	15	9	8	127	2 SEA over 3 PHI
13	New England	11	13	6	32	10	11	8	17	16	4	128	Championship Sunday
14	Philadelphiha	3	8	11	6	8	17	28	9	16	26	132	1 BUF over 5 KC
15	Arizona	25	14	14	13	22	25	4	7	9	10	143	2 SEA over 6 LAR
	3RD TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total	Super Bowl 60
16	Baltimore	16	17	21	8	6	7	13	27	25	20	160	SEA over BUF
17	Jacksonville	14	16	18	8	13	22	23	17	20	23	174	
18	Chicago	15	23	19	30	16	3	8	30	31	5	180	Biggest Rises since 1/3
19	Dallas	22	20	20	19	3	3	7	31	29	32	186	Mark of Season
20	Minnesota	21	19	17	21	24	22	28	19	14	7	192	Buffalo (10 spots), Baltimore
21	Pittsburgh	19	18	15	21	13	20	18	21	24	24	193	(9 spots), Denver (5 spots),
22	Atlanta	24	24	24	16	28	14	23	12	7	27	199	Dallas, Detroit, New England,
23	NY Giants	26	21	25	7	21	22	14	25	27	17	205	NY Giants and Philadelphia
24	Washington	23	22	22	14	23	13	15	24	30	21	207	(3 spots)
	4TH TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total	Biggest Falls since 1/3
25	Carolina	17	25	22	20	27	28	20	16	20	28	223	Mark of Season
26	New Orleans	31	27	31	4	30	30	20	22	14	15	224	Atlanta (11 spots), Washington
27	Cleveland	28	28	28	21	32	32	30	11	6	11	227	(10 spots), Tampa Bay (6 spots),
28	Las Vegas	27	31	30	12	31	25	11	23	9	30	229	Cleveland and Las Vegas
29	Cincinnati	20	32	29	21	15	17	12	32	31	31	240	(4 spots), Cincinnati,
30	Miami	29	26	27	18	25	20	17	29	27	25	243	Houston, Miami and
31	NY Jets	30	29	26	27	26	28	27	28	20	9	250	Tennessee (3 spots)
32	Tennessee	32	30	32	1	28	31	32	25	26	21	258	