



## 2025 FANTASYDRAFTHELP.COM & THE FDH LOUNGE COLLEGE & PRO FOOTBALL TIPSHEET WEEK 1

### COLLEGE FOOTBALL PLAYOFF RANKINGS AS OF NOW

- 1 Ohio State
- 2 Georgia
- 3 Penn State
- 4 LSU
- 5 Texas
- 6 Miami
- 7 Oregon
- 8 Notre Dame
- 9 Arizona State
- 10 BYU
- 11 Iowa State
- 12 Tulane
- Next Four In
- Tennessee
- South Carolina
- Texas Tech
- Florida



### COLLEGE FOOTBALL WEEK 1 PICKS

(Last week's picks on Twitter: 1-4). Ohio +3 over West Virginia, Iowa State -3 over Iowa, Michigan +6 over Oklahoma, Bowling Green +20 over Cincinnati and Arizona State -7 over Mississippi State.

### NFL WEEK 1 PICKS

NOTE: Thursday night game picks are always posted at X.com/TheFDHLounge.

LA Chargers +3 over Kansas City, Atlanta +2 over Tampa Bay, Pittsburgh -2 1/2 over New York Jets, Miami PK over Indianapolis, Carolina +3 1/2 over Jacksonville, New York Giants +6 over Washington, Cleveland +5 over Cincinnati, New England -2 1/2 over Las Vegas, Tennessee +8 1/2 over Denver, Green Bay -2 1/2 over Detroit, Houston +3 over Los Angeles Rams, Buffalo +1 over Baltimore and Chicago +1 1/2 over Minnesota.

Big 3 Picks: Philadelphia -8 over Dallas and San Francisco -2 1/2 over Seattle and the 1,000-Star Lock of the Millennium Pick, Arizona -6 1/2 over New Orleans.

### NFL POWER RANKINGS

#### TOP TIER

- 1 Philadelphia
- 2 Kansas City
- 3 Green Bay
- 4 Baltimore
- 5 Detroit
- 6 Houston
- 7 Los Angeles Chargers
- 8 Buffalo
- 9 Washington
- 10 Los Angeles Rams

#### SECOND TIER

- 11 Tampa Bay
- 12 San Francisco
- 13 Cincinnati
- 14 Atlanta
- 15 New England
- 16 Las Vegas
- 17 Denver
- 18 Chicago
- 19 Arizona
- 20 Minnesota

#### THIRD TIER

- 21 Dallas
- 22 New York Jets
- 23 Tennessee
- 24 Cleveland
- 25 Pittsburgh
- 26 Seattle
- 27 Indianapolis
- 28 Jacksonville

#### FOURTH TIER

- 29 Miami
- 30 Carolina
- 31 New York Giants
- 32 New Orleans

### FANTASY FOOTBALL

#### The Present List of Players Who Should Not Be Benched If Healthy

QB: Josh Allen, Joe Burrow, Jayden Daniels and Lamar Jackson. .

RB: Saquon Barkley, Jahmyr Gibbs, Derrick Henry, Ashton Jeanty, Josh Jacobs, Christian McCaffrey, Bijan Robinson and Jonathan Taylor.

WR: AJ Brown, Amon-Ra St. Brown, Ja'Marr Chase, Justin Jefferson, CeeDee Lamb, Drake London, Malik Nabors, Puka Nacua and Brian Thomas, Jr.

TE: Brock Bowers and Trey McBride.

#### This Week's Recommended Starters

QB: Joe Flacco, Jared Goff, Justin Herbert, Jalen Hurts, Jordan Love, Patrick Mahomes, Baker Mayfield, Bo Nix, Kyler Murray, Dak Prescott, Brock Purdy and Caleb Williams.

RB: Chase Brown, James Connor, James Cook, Breece Hall, Aaron Jones, Omarion Hampton, Chuba Hubbard, Bucky Irving, Alvin Kamara, David Montgomery, Kenneth Walker III and Kyren Williams.

WR: Davonte Adams, Nico Collins, Mike Evans, Marvin Harrison, Jr, Tee Higgins, Jerry Jeudy, Ladd McConkey, Terry McLaurin, George Pickens, DeVonta Smith, Jaxon Smith-Njigba, Jameson Williams, Garrett Wilson and Xavier Worthy.

TE: Mark Andrews, TJ Hockenson, Travis Kelce, George Kittle, Tucker Kraft, Sam LaPorta, Colston Loveland, David Njoku, Kyle Pitts, Jonnu Smith and Tyler Warren.

