



2025 FDH MLB Midseason Breakdown

2025 UQB Team Rankings

Our rankings are a mashup of the following measures: our FDH power rankings for 2025, OBP, OPS+, FIP, ERA+, Pythagorean Expectation, SRS and Run Differential.



Top Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
1 Detroit	1	9	7	6	4	2	3	2	34
2 Philadelphia	4	3	11	1	2	7	9	4	41
3 NY Yankees	7	1	2	13	14	3	2	2	44
4 Houston	5	8	10	4	5	4	6	4	46
5 Chicago Cubs	2	7	1	19	20	1	1	1	52
2nd Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
6 Milwaukee	6	11	16	15	10	4	4	4	70
7 Boston	11	6	8	10	12	9	6	9	71
8 LA Dodgers	3	2	3	23	23	8	6	4	72
9 NY Mets	8	10	5	7	13	11	10	10	74
10 Tampa Bay	9	11	9	22	15	6	4	4	80
3rd Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
11 Toronto	10	3	11	21	17	13	10	13	98
12 Texas	17	25	20	3	8	10	10	10	103
13 San Francisco	13	21	18	2	8	14	15	13	104
14 St. Louis	16	14	14	9	19	14	10	13	109
15 Cincinnati	15	15	23	20	5	12	10	12	112
16 Seattle	12	11	6	17	22	16	15	16	115
17 San Diego	14	17	23	12	7	18	17	16	124
18 Arizona	18	5	4	23	25	17	17	16	125
4th Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
19 Atlanta	19	18	19	14	11	19	19	19	138
20 Kansas City	20	25	26	8	1	21	21	20	142
21 Minnesota	21	22	23	5	17	20	19	20	147
22 Pittsburgh	26	24	29	10	2	23	21	22	157
5th Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
23 Miami	25	18	20	18	23	25	24	24	177
24 Cleveland	22	29	27	16	16	22	23	23	178
6th Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
25 Baltimore	24	23	16	25	28	26	24	26	192
26 LA Angels	23	27	20	28	26	24	24	24	196
27 Washington	27	20	14	26	30	27	28	27	199
28 Athletics	28	15	13	30	28	29	29	29	201
29 Chicago White Sox	29	28	29	27	20	28	27	27	215
7th Tier	FDH	OBP	OPS+	FIP	ERA+	Pythag	SRS	Run	Total
30 Colorado	30	30	28	29	27	30	30	30	234

AL MVP: Aaron Judge
NL MVP: Shohei Ohtani
AL Cy Young: Tarik Skubal
NL Cy Young: Zack Wheeler
AL Rookie of the Year: Jacob Wilson
NL Rookie of the Year: Jacob Misiorowski
AL Manager of the Year: AJ Hinch
NL Manager of the Year: Rob Thomson

Wild Card Round

NY Yankees over Tampa Bay in 2
Boston over Toronto in 3
Chicago Cubs over San Diego in 3
NY Mets over Milwaukee in 3

Divisional Series

Detroit over Boston in 4
Houston over NY Yankees in 4
LA Dodgers over NY Mets in 4
Philadelphia over Chicago Cubs in 5

Championship Series

Detroit over Houston in 6
LA Dodgers over Philadelphia in 7

World Series

LA Dodgers over Detroit in 7

World Series MVP: Shohei Ohtani

Fantasy Buy Low

Adley Rutschman
Justin Verlander
Kristian Campbell
Kumar Rocker
Luis Rengifo
Mark Vientos
Max Scherzer

Fantasy Sell High

Andy Pages
Brandon Nimmo
Byron Buxton
Carlos Rodon
Jacob deGrom
Jo Adell
Matthew Boyd

