



2023 FDH NFL Midseason Breakdown

Our rankings are a mashup of the following measures: our FDH power rankings, SRS, margin of victory, strength of schedule, offensive SRS, offensive yards per play, offensive 3rd down %, defensive SRS, defensive yards per play and defensive 3rd down %.

Credit to <https://www.pro-football-reference.com/> for statistics.

	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
1ST TIER											
1 Baltimore	3	1	1	8	5	4	6	1	1	8	38
2ND TIER											
2 San Francisco	8	2	2	17	3	2	4	7	11	21	77
3 Kansas City	2	6	5	22	20	4	5	2	4	10	80
4 Dallas	6	4	3	25	4	11	3	11	5	11	83
3RD TIER											
5 Detroit	10	9	10	17	6	4	13	21	11	2	103
6 Cleveland	12	3	8	5	12	29	31	3	2	1	106
7 Jacksonville	9	5	9	5	11	19	25	4	16	5	108
4TH TIER											
8 Houston	15	8	12	10	10	8	8	12	16	24	123
9T Buffalo	7	7	4	31	8	3	1	14	26	23	124
9T Miami	5	12	6	30	1	1	17	29	11	12	124
11 Philadelphia	1	10	7	26	7	8	1	20	20	25	125
12 LA Chargers	13	11	11	14	9	11	12	18	26	6	131
13 New Orleans	14	17	13	21	16	21	20	10	5	4	141
14 Indianapolis	17	14	18	4	2	15	18	27	16	13	144
15 Minnesota	20	15	14	13	13	7	10	17	7	29	145
5TH TIER											
16 Cincinnati	4	13	17	2	15	24	22	6	31	28	162
17T LA Rams	19	21	21	8	21	11	9	16	21	22	169
17T Tennessee	26	15	20	3	17	15	29	5	21	18	169
19 Atlanta	18	23	21	20	26	15	14	19	5	9	170
20 Green Bay	22	22	15	27	27	21	10	14	5	15	178
21 Pittsburgh	16	18	24	1	22	24	21	9	25	19	179
22 Seattle	11	20	16	16	14	10	30	24	11	30	182
6TH TIER											
23 Tampa Bay	25	19	18	12	23	23	19	8	30	31	208
24 NY Jets	21	24	23	24	29	29	32	12	3	20	217
25 Carolina	30	28	31	10	28	31	16	26	16	7	223
26T Denver	23	29	28	28	18	11	15	32	32	14	230
26T Chicago	32	26	26	22	19	15	7	30	21	32	230
28 New England	29	31	30	15	31	24	27	25	7	17	236
29 Arizona	31	27	29	7	25	24	22	27	21	27	240
30 Las Vegas	27	25	25	29	30	24	28	22	11	26	247
31 NY Giants	28	32	32	17	32	32	26	22	26	3	250
32 Washington	24	30	26	32	24	19	24	31	29	16	255

Biggest risers in the rankings since 1/3 of the season

- Minnesota (7 spots)
- Cincinnati (6 spots)
- Chicago (5 spots)
- Atlanta (3 spots)
- Carolina (3 spots)
- Denver (3 spots)

Biggest fallers in the rankings since 1/3 of the season

- LA Rams (9 spots)
- Seattle (7 spots)
- Arizona (4 spots)
- Buffalo (4 spots)
- Las Vegas (4 spots)

Playoff Predictions

Wild Card Round

- 2 MIA over 7 CLE
- 3 BALT over 6 BUF
- 5 CIN over 4 JAX
- 2 DET over 7 MIN
- 3 SF over 6 SEA
- 5 DAL over 4 NO

Divisional Round

- 1 KC over 5 CIN
- 3 BALT over 2 MIA
- 1 PHIL over 5 DAL
- 2 DET over 3 SF

Championship Sunday

- 1 KC over 3 BALT
- 1 PHIL over 2 DET

Super Bowl 58

- PHIL over KC

Fantasy Football Stretch Run Trade Targets

- QB Trevor Lawrence
- RB Jerome Ford
- WR Calvin Ridley
- TE David Njoku

