

FANTASY BASEBALL DRAFTOLOGY 2010

The best fantasy — and non-fantasy — baseball coverage anywhere

A collective presentation of FantasyDrafthelp.com, The FDH Lounge,
Card Corner Club & Sportsology
March 10, 2010 Rick Morris/Jason Jones/Russ Cohen

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The FDH Draft Philosophy: Win By Obtaining Value With Every Pick!

We at FantasyDrafthelp.com always emphasize the wisdom of our VIP approach to drafting: information and process lead to value. Of course, value is the single most important component of drafting or auctions. Even in the fantasy industry, this point is often overlooked.

In most cases, titles are won by patiently accruing value throughout a draft or auction. During the Information stage, fantasy owners compile information about players at individual positions. Process involves comparison of players across positions.

We put a tremendous amount of hard work into our draft board, and you do as well. As such, you need to trust the fruits of these labors and adhere to your draft board as much as possible. The surest way to be able to extract maximum value is to prepare extensively ahead of time and then refrain from jumping around

FantasyDrafthelp.com Top 72 Regardless of Position

1 Hanley Ramirez	19 Kevin Youkilis	37 Johan Santana	55 Brandon Phillips
2 Albert Pujols	20 Ryan Zimmerman	38 Josh Johnson	56 Cliff Lee
3 Chase Utley	21 Victor Martinez	39 Aramis Ramirez	57 Mike Napoli
4 Ryan Braun	22 Adam Wainwright	40 Ben Zobrist	58 Josh Beckett
5 Matt Kemp	23 Brian McCann	41 Pablo Sandoval	59 Jorge Posada
6 Matt Holliday	24 Derek Jeter	42 Robinson Cano	60 Dan Uggla
7 Alex Rodriguez	25 Roy Halladay	43 Jonathan Papelbon	61 Derrek Lee
8 Prince Fielder	26 Dan Haren	44 Jonathan Broxton	62 Carlos Pena
9 Troy Tulowitzki	27 Mark Teixeira	45 Jason Bay	63 Adrian Gonzalez
10 Joe Mauer	28 Ian Kinsler	46 Chris Carpenter	64 Yovani Gallardo
11 Evan Longoria	29 Adam Lind	47 Rickie Weeks	65 Miguel Montero
12 Felix Hernandez	30 David Wright	48 Jon Lester	66 Joey Votto
13 Tim Lincecum	31 Justin Verlander	49 Mariano Rivera	67 Justin Morneau
14 Zack Greinke	32 Carl Crawford	50 Carlos Beltran	68 Grady Sizemore
15 Miguel Cabrera	33 Mark Reynolds	51 Clayton Kershaw	69 Kendry Morales
16 Ryan Howard	34 CC Sabathia	52 Aaron Hill	70 Billy Butler
17 Jimmy Rollins	35 Jake Peavy	53 Andrew Bailey	71 Tommy Hanson
18 Justin Upton	36 Jose Reyes	54 Joakim Soria	72 Matt Wieters

on the board on Draft Day. Approach the draft with an actuarial mindset, determined to squeeze maximum value out of every pick, and you will be poised for success.

Starting Pitchers	\$\$	\$	UQB	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	W	Rk
1 Felix Hernandez	35	35	543	9	4	2.49	5	1.14	11T	217	7	19	1T
2 Tim Lincecum	35	35	750	1T	1	2.48	4	1.05	5	261	2	15	13T
3 Zack Greinke	35	35	701	4	2	2.16	2	1.07	7	242	3	16	9T
4 Adam Wainwright	32	32	489	12	8	2.63	7	1.21	23T	212	8	19	1T
5 Roy Halladay	31	31	427	18	3	2.79	8T	1.13	10	208	9	17	5T
6 Dan Haren	31	31	558	7	5T	3.14	19	1	2	223	6	14	23T
7 Justin Verlander	30	30	550	8	9T	3.45	26T	1.18	16T	269	1	19	1T
8 CC Sabathia	29	29	435	17	5T	3.37	23	1.15	14	197	13	19	1T
9 Jake Peavy	29	29	669	5	14T	3.45	26T	1.12	9	110		9	
10 Johan Santana	29	29	373	23	7	3.13	18	1.21	23T	146		13	30T
11 Josh Johnson 1X	29	29	366	24	14T	3.23	21T	1.16	15	191	18	15	13T
12 Chris Carpenter	26	26	750	1T	11	2.24	3	1.01	3	144		17	5T
13 Jon Lester	26	26	465	15	9T	3.41	24	1.23	26T	225	5	15	13T
14 Clayton Kershaw	26	26	389	20	19	2.79	8T	1.23	26T	185	20	8	
15 Cliff Lee	26	26	272	38	12	3.22	20	1.24	32T	181	21	14	23T
16 Josh Beckett	26	26	386	21	16	3.86		1.19	19T	199	11	17	5T
17 Yovani Gallardo	25	25	407	19	20	3.73	33	1.31		204	10	13	30T
18 Tommy Hanson 2X	24	24	522	11	26	2.89	12T	1.18	16T	116		11	
19 Brandon Webb	20	20	0		25	13.5		2		2		0	
20 Matt Cain	20	20	342	26	17	2.89	12T	1.18	16T	171	27T	14	23T
21 John Lackey	20	20	236		23	3.83	39	1.27	40T	139		11	
22 Cole Hamels	20	20	190		18	4.32		1.29		168	29	10	
23 Wandy Rodriguez	19	19	340	27	21	3.02	15	1.24	32T	193	16T	14	23T
24 Jair Jurrjens	19	19	357	25	22	2.6	6	1.21	23T	152	37T	14	23T
25 Chad Billingsley	19	19	254		27	4.03		1.32		179	22	12	40T
26 Jered Weaver 3X	19	19	293	33T	28	3.75	34	1.24	32T	174	24T	16	9T
27 Scott Baker	16	16	295	32	31	4.37		1.19	19T	162	33	15	13T
28 Ubaldo Jimenez	16	16	293	33T	24	3.47	27	1.23	26T	198	12	15	13T
29 Ted Lilly	16	16	446	16	29	3.1	17	1.06	6	151	39	12	40T
30 Javier Vazquez	15	15	656	6	13	2.87	11	1.03	4	238	4	15	13T
31 David Price	15	15	276	37		4.42		1.35		102		10	
32 Ricky Nolasco 4X	15	15	291	35	32	5.06		1.25	36T	195	14T	13	30T
33 Neftali Feliz	11	11	750	1T		1.74	1	0.68	1	39		1	
34 Matt Garza	11	11	92		30	3.95		1.26	38T	189	19	8	
35 Roy Oswalt	11	11	123		36	4.12		1.24	32T	138		8	
36 Max Scherzer	11	11	281	36	33	4.12		1.34		174	24T	9	
37 Rich Harden	11	11	528	10	40T	4.09		1.34		171	27T	9	
38 Ryan Dempster	10	10	223		37	3.65	31	1.31		172	26	11	

Evaluating Production Across a Spectrum: Lessons of “The Stat”

Our “UQB” category on our draft board calculates the standard deviation from the mean in all hitting categories and all pitching categories. In simple English, imagine a spectrum going across from left to right, with negative numbers on the left side, a “zero” in the middle and positive numbers on the right. We utilize this statistic for football, basketball, hockey and NASCAR as well as baseball. For baseball, we use all of the standard fantasy categories listed on the draft board to factor in for this statistical compilation. A player’s performance in each category is plotted on one of these spectrums, with the most valuable players putting up most of their numbers on the most of their numbers on the positive side. Then, we add up the totals of every category, positive and negative. By using this tool, we can identify not merely how they performed, but how valuable their performances were in each category. Truly, this statistic serves as the ultimate baseline for the previous season’s production.

TheFDHLounge.com

Draft Board Decoder

The FantasyDrafthelp.com draft board contains all the relevant information you need right at your fingertips.
 * Players are color-coded by their value by round in a 12-team draft. 1st round is gold, 2nd round silver, 3rd round bronze, 4th round orange, 5th round blue and 6th round green. Players in bold are eligible at two positions.
 * The “Exp” column shows how drivers rated on an “Experts’ Draft Board” compilation of other leading industry sources. The “Stat” column shows how each player performed on our standard deviation from the mean statistic in 2009 (stat details to the right). If a league is considered stronger than the other one at this position, it will be have its initials listed (capital letters means much stronger, lower case means not so much).
 * 5X5 2009 statistical categories are listed, along with rankings for each and rankings in the aforementioned “UQB” category (UQB numbers in bold indicate that the player was higher than the statistical mean in every one of the measured categories). \$\$ provides the dollar value for a mixed-league auction, while \$ provides the dollar value for a single-league action.

Starting Pitchers	\$\$	\$	UQB	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	W	Rk
39 James Shields	10	10	171		34	4.14		1.32		167	30	11	
40 John Danks	10	10	232		35	3.77	36T	1.28		149		13	30T
41 Carlos Zambrano	10	10	208			3.77	36T	1.38		152	37T	9	
42 <u>Hiroki Kuroda 5X</u>	10	10	304	30		3.76	35	1.14	11T	87		8	
43 Scott Kazmir	8	8	149			4.89		1.42		117		10	
44 Mark Buehrle	8	8	89			3.84	40T	1.25	36T	105		13	30T
45 Ervin Santana	8	8	74			5.03		1.47		107		8	
46 Chris Young	8	8	15			5.21		1.45		50		4	
47 Gavin Floyd	8	8	238		39	4.06		1.23	26T	163	31T	11	
48 Clay Buchholz	8	8	258	40	40T	4.21		1.38		68		7	
49 A.J. Burnett	8	8	248		38	4.04		1.4		195	14T	13	30T
50 Brett Anderson	8	8	239			4.06		1.28		150	40	11	
51 Edwin Jackson	8	8	238			3.62	30	1.26	38T	161	34	13	30T
52 Randy Wolf	8	8	321	29		3.23	21T	1.1	8	160	35	11	
53 Joel Pineiro	8	8	173			3.49	28	1.14	11T	105		15	13T
54 Dice-K	8	8	0			5.76		1.87		54		4	
55 Tim Hudson	8	8	84			3.61	29	1.46		30		2	
56 J.A. Happ	8	8	324	28		2.93	14	1.23	26T	119		12	40T
57 Clayton Richard	8	8	141			4.41		1.47		114		9	
58 Brett Myers	8	8	75			4.84		1.37		50		4	
59 <u>Jeff Francis 6X</u>	8	8	NA			NA		NA		NA		NA	
60 Tommy Hunter	7	7	237			4.1		1.3		64		9	
61 Jonathan Sanchez	7	7	298	31		4.24		1.37		177	23	8	
62 Randy Wells	7	7	266	39		3.05	16	1.28		104		12	40T
63 Bronson Arroyo	7	7	166			3.84	40T	1.27	40T	127		15	13T
64 Brad Penny	7	7	112			4.88		1.4		109		11	
65 <u>Nick Blackburn 7X</u>	7	7	26			4.03		1.37		98		11	
66 Johnny Cueto	6	6	210			4.41		1.36		132		11	
67 Joba Chamberlain	6	6	43			4.75		1.54		133		9	
68 Ben Sheets	6	6	NA			NA		NA		NA		NA	
69 Brad Bergesen	6	6	120			3.43	25	1.28		65		7	
70 Trevor Cahill	6	6	4			4.63		1.44		90		10	
71 Homer Bailey	6	6	154			4.53		1.47		86		8	
72 Ricky Romero	6	6	136			4.3		1.52		141		13	30T
73 John Lannan	6	6	0			3.88		1.35		89		9	
74 Aaron Harang	6	6	0			4.21		1.41		142		6	
75 Ross Ohlendorf	6	6	195			3.92		1.23	26T	109		11	
76 Kevin Millwood	6	6	186			3.67	32	1.34		123		13	30T
77 Kenshin Kawakami	6	6	97			3.86		1.34		105		7	
78 Aaron Cook	6	6	69			4.16		1.41		78		11	
79 Jon Garland	6	6	71			4.01		1.4		109		11	
80 Derek Lowe	6	6	65			4.67		1.52		111		15	13T
81 Zach Duke	6	6	44			4.06		1.31		106		11	
82 <u>Jarrod Washburn 8X</u>	6	6	139			3.78	38	1.19	19T	100		9	
83 Scott Feldman	5	5	378	22		4.08		1.28		113		17	5T
84 Dallas Braden	5	5	151			3.89		1.36		81		8	
85 Sean West	5	5	91			4.79		1.54		70		8	

Don't Be That Guy!

^ Don't Be That Guy who forgets that power is the true separator at catcher, not batting average..

^ Don't Be That Guy who over-values unlikely 2009 success stories like Garrett Jones. It's a new year – pay for what you get this year.

^ Don't Be That Guy who sleeps on (or holds unhealthy grudges against) last year's falloffs. Bargain shopping in the middle and late rounds can bring you a championship. So don't hate on David Wright!

^ Don't Be That Guy who enters the draft or auction with ironclad gimmicks. Rotisserie category "punting"! Only \$1 apiece for all pitchers on the roster! All younger or all "proven" talent! The fact is that inflexible doctrines lead to failure, while nimble, think-on-your-feet reactive ability brings great success. Choose the latter approach and thank us when you're hoisting your trophy at the end of the year.

^ Don't Be That Guy who doesn't fully understand the nuances of your league's scoring system. Be fully prepared! Your choice of this draft guide is, frankly, an awesome start!

Check us out in-season as well!
FantasyDrafthelp.com & FantasyDrafthelp.blogspot.com

The FDH Lounge
Nothing is Off-topic. Nothing.

Starting Pitchers	\$\$	\$	UQB	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	W	Rk
86 Madison Bumgarner	5	5	NA			NA		NA		NA		NA	
87 Doug Davis	5	5	9			4.12		1.5		146		9	
88 Joe Blanton	5	5	235			4.05		1.32		163	31T	12	40T
89 Barry Zito	5	5	185			4.03		1.35		154	36	10	
90 Jason Marquis	5	5	117			4.04		1.38		115		15	13T
91 Gil Meche	4	4	0			5.09		1.57		95		6	
92 Justin Masterson	4	4	0			4.52		1.45		119		4	
93 Rick Porcello	4	4	214			3.96		1.34		89		14	23T
94 Andy Pettitte	4	4	235			4.16		1.38		148		14	23T
95 Fausto Carmona	4	4	0			6.32		1.76		79		5	
96 Jeff Niemann	4	4	232			3.94		1.35		125		13	30T
97 Kevin Correia	4	4	220			3.91		1.3		142		12	40T
98 Jorge De La Rosa	4	4	477	14		4.38		1.38		193	16T	16	9T
99 Kevin Slowey	4	4	126			4.86		1.41		75		10	
100 Jason Hammel	4	4	189			4.33		1.39		133		10	
101 Paul Maholm	4	4	0			4.44		1.44		119		8	
102 Joe Saunders	3	3	220			4.6		1.43		101		16	9T
103 Ian Snell	3	3	0			4.84		1.59		89		7	
104 Stephen Strasburg	3	3	NA			NA		NA		NA		NA	

2010 Sleepers

C: John Baker
1B: Garrett Atkins, Troy Glaus
2B: Maicer Izturis, Scott Sizemore
SS: Mike Aviles, Stephen Drew, Maicer Izturis
3B: Garrett Atkins, Alex Gordon
OF: Kyle Blanks, Luke Scott, Travis Snider, BJ Upton, Vernon Wells
DH: Vladimir Guerrero
SP: Brett Anderson, Scott Kazmir, Ricky Nolasco, Chris Young, Carlos Zambrano
RP: Mike Gonzalez, Chad Qualls

Relief Pitchers	\$\$	\$	B	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	Sv	Rk
1 Jonathan Papelbon	28	28	318	10	4	1.85	6	1.15	14T	76	12	38	6T
2 Jonathan Broxton	28	28	572	2T	2T	2.61	14	0.96	6	114	1	36	12
3 Mariano Rivera	26	26	572	2T	2T	1.76	3	0.9	2	72	14	44	3
4 Andrew Bailey	26	26	453	4	6	1.84	5	0.88	1	91	4	26	20T
5 Joakim Soria 1X	26	26	314	11	5	2.21	10	1.13	12T	69	17	30	16
6 Jose Valverde	21	21	232	15	10	2.33	11	1.13	12T	56		25	
7 Heath Bell	21	21	344	8	7	2.71	15	1.12	10T	79	10T	42	4
8 Francisco Rodriguez	20	20	213	18	9	3.71		1.31		73	13	35	13T
9 Billy Wagner	19	19	206	19		1.72	2	1.02	7	26		0	
10 Carlos Marmol	18	18	45		8	3.41		1.46		93	3	15	
11 Rafael Soriano	17	17	345	7		2.97		1.06	8	102	2	27	18T
12 Huston Street	17	17	405	6	13T	3.06		0.91	3T	70	16	35	13T
13 Trevor Hoffman	17	17	439	5	15	1.83	4	0.91	3T	48		37	10T
14 Chad Qualls	16	16	163			3.63		1.15	14T	45		24	
15 Brian Wilson	16	16	272	13	11	2.74		1.2	17T	83	8	38	6T
16 Mike Gonzalez	16	16	27			2.42	12	1.2	17T	90	5	10	
17 Kevin Gregg 2X	15	15	124			4.72		1.31		71	15	23	
18 David Aardsma	10	10	280	12	13T	2.52	13	1.16	16	80	9	38	6T
19 Frank Francisco	10	10	221	16	18	3.83		1.11	9	57		25	
20 Brian Fuentes	9	9	329	9	16T	3.93		1.4		46		48	1
21 Francisco Cordero	9	9	252	14	12	2.16	9	1.32		58		39	5
22 Ryan Franklin	8	8	195	20	16T	1.92	7	1.2	17T	44		38	6T
23 Bobby Jenks	7	7	180		20	3.71		1.28		49		29	17
24 Kerry Wood	7	7	107			4.25		1.38		63	18	20	
25 Matt Capps	6	6	0			5.8		1.66		46		27	18T
26 Brad Lidge	5	5	0			7.21		1.81		61	19T	31	15
27 Leo Nunez	4	4	154			4.06		1.25		60		26	20T
28 Matt Lindstrom	3	3	0			5.89		1.65		39		15	

On September 28, 2009, the next great sports book hit the shelves. You need to own this book!

100 RANGER GREATS celebrates the unforgettable stars of a truly historic franchise. Many of the NHL's greatest legends skated for the New York Rangers and in this book, their exploits come alive once again!

Available on Amazon.com, Wiley.com and other online retailers, as well as finer brick-and-mortar bookstores near you. More information at www.rangergreats.com.

al Catcher	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
1 Joe Mauer	36	36	750	1	1	0.365	1	28	1	96	2	94	1	4	5T
2 Victor Martinez	32	32	401	4	3	0.303	2	23	2T	108	1	88	2	1	
3 Brian McCann	32	35	374	7	2	0.281	9	21	5	94	3	63	4T	4	5T
4 Mike Napoli	26	26	396	6	11	0.272	11	20	6T	56	10	60	7	3	8T
5 Jorge Posada	26	26	579	2	5	0.285	8	22	4	81	5	55	10T	1	
6 Miguel Montero	25	28	304	10	4	0.294	5	16	9T	59	9	61	6	1	
7 Matt Wieters 1X	24	24	212		9T	0.288	7	9		43		35		0	
8 Russell Martin	14	14	131		7T	0.25		7		53	12	63	4T	11	1
9 Geovany Soto	14	14	108		6	0.218		11	14	47		27		1	
10 Ryan Doumit	13	13	253	12	9T	0.25		10	15T	38		31		4	5T
11 Kurt Suzuki	12	14	251	13	7T	0.274	10	15	11	88	4	74	3	8	3
12 Chris Iannetta	11	11	397	5	15	0.228		16	9T	52	13	41		0	
13 John Baker	10	10	306	9		0.271	12	9		50	14	59	8	0	
14 A.J. Pierzynski	10	12	227	15	13	0.3	4	13	12	49	15	57	9	1	
15 Ivan Rodriguez 2X	8	8	202			0.249		10	15T	47		55	10T	1	
16 Bengie Molina	5	5	278	11	12	0.265	13	20	6T	80	6	52	12	0	
17 Carlos Ruiz	4	4	212			0.255	15	9		43		32		3	8T
18 Rod Barajas	3	3	237	14		0.226		19	8	71	7	43	15	1	
19 Yadier Molina	3	3	110		14	0.293	6	6		54	11	45	14	9	2
20 Jarrod Saltalamacchia	3	3	219			0.233		9		34		34		0	

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The
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2010 Overvalued Players

C: Bengie Molina, Jarrod Saltalamacchia
1B: Adrian Gonzalez, Garrett Jones, James Loney, Justin Morneau, Joey Votto
2B: Asdrubal Cabrera, Jose Lopez, Dustin Pedroia, Brian Roberts
SS: Elvis Andrus, Rafael Furcal, Jhonny Peralta, Ryan Theriot
3B: Chone Figgins, Chipper Jones, Michael Young
OF: Michael Bourn, Jacoby Ellsbury, Ichiro, Adam Jones, Nick Markakis, Nate McLouth, Alex Rios, Denard Span, Shane Victorino
DH: none
SP: Clay Buchholz, AJ Burnett, John Danks, Gavin Floyd, James Shields, Javier Vazquez
RP: Francisco Cordero, Ryan Franklin

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2010 Undervalued Players

C: Chris Iannetta, Mike Napoli
1B: Victor Martinez, Carlos Pena
2B: Gordon Beckham, Rickie Weeks, Ben Zobrist
SS: JJ Hardy, Miguel Tejada
3B: Jorge Cantu, Mark DeRosa, Miguel Tejada
OF: Carlos Beltran, Jay Bruce, Michael Cuddyer, Carlos Gonzalez, Torii Hunter, Adam Lind, Ryan Ludwick, Carlos Quentin, Ben Zobrist
DH: none
SP: Neftali Feliz, Tommy Hanson, Clayton Kershaw, Jake Peavy, David Price, Brandon Webb
RP: Billy Wagner

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Offseason Movement Winners

Garrett Atkins, Troy Glaus, Kevin Gregg, Roy Halladay, John Lackey, Xavier Nady, Rafael Soriano, Marco Scutaro, Ben Sheets, Miguel Tejada, Billy Wagner

Offseason Movement Losers

Jason Bay, Milton Bradley, Marlon Byrd, Chone Figgins, Jeremy Hermida, Joel Pineiro, Javier Vazquez, Randy Wolf

NL First Base	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
1 Albert Pujols	42	42	750	1	1	0.327	2	47	1	135	3	124	1	16	2
2 Prince Fielder	37	37	617	2	3	0.299	11	46	2	141	1T	103	3T	2	
3 Miguel Cabrera	35	39	264	13T	2	0.324	4	34	10T	103	9	96	7	6	8T
4 Ryan Howard	34	34	486	4	5	0.279	17	45	3	141	1T	105	2	8	4
5 Kevin Youkilis	33	36	383	6	6	0.305	8	27	17	94	14T	99	5	7	5T
6 Victor Martinez	32	32	181		12	0.303	9	23		108	6T	88	12	1	
7 Mark Teixeira	31	35	293	10	4	0.292	14	39	6T	122	4	103	3T	2	
8 Mark Reynolds	30	32	376	7	10	0.26		44	4	102	10	98	6	24	1
9 Pablo Sandoval 1X	29	29	241	17	11	0.33	1	25	18T	90	17T	79	18T	5	10
10 Derrek Lee	25	25	346	8	14T	0.306	6T	35	9	111	5	91	9T	1	
11 Carlos Pena	25	29	503	3	16T	0.227		39	6T	100	10T	91	9T	3	
12 Adrian Gonzalez	25	25	300	9	7	0.277	18T	40	5	99	13	90	11	1	
13 Joey Votto	25	25	285	11	8T	0.322	5	25	18T	84		82	16	4	
14 Justin Morneau	25	28	257	15	8T	0.274		30	14	100	10T	85	14	0	
15 Kendry Morales	25	28	251	16	13	0.306	6T	34	10T	108	6T	86	13	3	
16 Billy Butler 2X	25	28	78		16T	0.301	10	21		93	16	78	20T	1	
17 Lance Berkman	19	19	217	20	14T	0.274		25	18T	80		73		7	5T
18 Adam Dunn	19	19	280	12	15	0.267		38	8	105	8	81	17	0	
19 Michael Cuddyer	19	22	200		20	0.276		32	12	94	14T	93	8	6	8T
20 Jorge Cantu	18	20	0			0.289	15	16		100	10T	67		3	
21 Paul Konerko	18	21	238	18		0.277	18T	28	16	88	19	75		1	
22 Adam LaRoche	18	18	163			0.277	18T	25	18T	83		78	20T	2	
23 Garrett Jones	17	17	206		18	0.293	13	21		44		45		10	3
24 Garrett Atkins	17	20	0			0.226		9		48		37		0	
25 Nick Swisher	17	20	211			0.249		29	15	82		84	15	0	
26 James Loney	15	15	0		19	0.281	16	13		90	17T	73		7	5T
27 Russell Branyan	13	14	264	13T		0.251		31	13	76		64		2	
28 Troy Glaus	11	11	0			0.172		0		2		2		0	
29 Chris Davis	10	11	74			0.238		21		59		48		0	
30 Matt LaPorta	9	9	0			0.254		7		21		29		2	
31 Aubrey Huff	9	9	98			0.252		15		85		59		0	
32 Hank Blalock	8	8	105			0.234		25	18T	66		62		2	
33 Todd Helton	6	6	93			0.325	3	15		86	20	79	18T	0	
34 Ty Wigginton	4	4	0			0.273		11		41		44		1	

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Injury Risk Management

Acceptable Risks: Josh Beckett, Carlos Beltran, JD Drew, Jeff Francis, John Lackey, Jose Reyes, Carlos Quentin, Jake Peavy, Alex Rodriguez, Johan Santana, Brandon Webb, Rickie Weeks
Less Acceptable Risks: Erik Bedard, Carlos Delgado, Travis Hafner, Rich Harden, Chipper Jones, Brett Myers, Edinson Volquez

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al	Second Basemen	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
1	<u>Chase Utley</u>	40	42	421	2	1	0.282		31	2T	93	4	112	2	23	4
2	<u>Ian Kinsler</u>	31	31	354	4	2	0.253		31	2T	86	7	101	6	31	1
3	Ben Zobrist	29	31	414	3	8	0.297	6	27	5	91	5	91	7	17	7T
4	Robinson Cano	28	28	278	9	4	0.32	1	25	6T	85	8	103	4T	5	
5	<u>Rickie Weeks</u>	26	27	444	1	13T	0.272		9		24		28		2	
6	Aaron Hill	26	26	280	8	7	0.286	13	36	1	108	1	103	4T	6	15
7	Brandon Phillips	26	27	237	13	5T	0.276		20	10	98	2	78	12	25	3
8	<u>Dan Uggla 1X</u>	26	27	259	11	9T	0.243		31	2T	90	6	84	8	2	
9	Dustin Pedroia	20	20	184		3	0.296	7	15	14	72	12T	115	1	20	5T
10	Howie Kendrick	19	19	221	14	12	0.291	9	10		61		61		11	11
11	Gordon Beckham	18	18	241	12		0.27		14	15	63		58		7	13T
12	Brian Roberts	18	18	210	15	5T	0.283	15	16	11T	79	9	110	3	30	2
13	Clint Barmes	17	18	149			0.245		23	9	76	10	69	15T	12	10
14	Jose Lopez	17	17	115		9T	0.272		25	6T	96	3	69	15T	3	
15	Casey McGehee	16	17	297	6	15	0.301	3	16	11T	66		58		0	
16	<u>Ian Stewart 2X</u>	16	17	303	5	13T	0.228		25	6T	70	14	74	13T	7	13T
17	Placido Polanco	9	10	274	10		0.285	14	10		72	12T	82	9	7	
18	Maicer Izturis	9	9	287	7		0.3	4T	8		65		74	13T	13	9
19	Alberto Callaspo	9	9	108			0.3	4T	11		73	11	79	11	2	
20	Scott Sizemore	8	8	NA			NA		NA		NA		NA		NA	
21	Mark Ellis	8	8	189			0.263		10		61		52		10	12
22	Asdrubal Cabrera	8	8	126		9T	0.308	2	6		68	15	81	10	17	7T
23	Luis Valbuena	6	6	0			0.25		10		31		52		2	
24	Freddy Sanchez	6	7	26			0.293	8	7		41		56		5	
25	Jeff Baker	5	5	0			0.288	12	4		24		27		1	
26	Mike Fontenot	4	4	0			0.236		9		43		38		4	
27	Juan Uribe	4	4	177			0.289	10T	16	11T	55		50		3	
28	Adam Kennedy	4	4	72			0.289	10T	11		63		65		20	5T
	Designated Hitter			UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
1	Vladimir Guerrero	14	14	182	5	1	0.295	1	15		50		59		2	1T
2	Hideki Matsui	13	13	315	2	2	0.274	2	28	1T	90	2	62	2	0	
3	<u>David Ortiz</u>	12	12	225	3	4	0.238	5	28	1T	99	1	77	1	0	
4	Travis Hafner	7	7	198	4	5	0.272	3	16	5	49		46		0	
5	Jim Thome	5	5	367	1		0.249	4	23	3	77	3	55	3	0	
6	Pat Burrell	3	3	109		3	0.221		14		64	4	45	4	2	1T

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2010 Position Battle Overview

- ^ Edwin Encarnacion looks like he's going to hold off Brett Wallace, at least for the first few months of the season.
- ^ Jeremy Hermida and Mike Lowell are each settling in for 10th-man roles in Boston.
- ^ Randy Winn seems about ready to dispatch Brett Gardner to a bench role for the Yankees.
- ^ Rafael Soriano is finally in a spot where other relievers will be hard-pressed to replace him in Tampa Bay.
- ^ Matt LaPorta and Michael Brantley are battling for the LF job — with LaPorta in the lead — with Cleveland's Russell Branyan signing.
- ^ The Twins have five bodies for four spots (OF/OF/OF/DH) — look for Jim Thome and Delmon Young to end up with less ABs.
- ^ Eric Byrnes should be able to steal decent OF/DH Mariner at-bats from Milton Bradley and Ken Griffey, Jr.
- ^ Neftali Feliz could still spend significant time this year at either SP or RP for Texas.
- ^ Logan Morrison is fairly likely to take the Florida 1B job from Gaby Sanchez when the dust settles.
- ^ Stephen Strasburg is a longshot at best to start the year in DC — but fellow super-rook Jason Heyward is better than 50-50 in Atlanta.
- ^ Xavier Nady will be more than ready to take AB from Kosuke Fukudome in RF in Chicago.
- ^ Ronnie Belliard has the edge over Jamey Carroll and Blake DeWitt in a lackluster 2B competition in Los Angeles.
- ^ Bengie Molina should hold off Buster Posey at catcher for most of the year.
- ^ Seth Smith should manage many AB as a super-utility player in Colorado.

even	Shortstop	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk	
1	<u>Hanley Ramirez</u>	42	42	750	1T	1	0.342	1	24	2	106	1	101	2T	27	5	The FDH Lounge Dot Com
2	<u>Troy Tulowitzki</u>	36	36	750	1T	2	0.297	9	32	1	92	2	101	2	20	10	
3	Jimmy Rollins	33	33	214	13	4	0.25		21	3	77	5T	100	4T	31	2	
4	Derek Jeter	31	36	339	5	5	0.334	2	18	4	66	10T	107	1	30	3T	
5	<u>Jose Reyes 1X</u>	32	32	235	10	3	0.279	13T	2		15		18		11		
6	<u>Miguel Tejada</u>	19	19	249	8	12	0.313	4	14	6T	86	3	83	9T	5		Nothing Is Off Topic
7	Stephen Drew	18	19	184	15	10	0.261		12	9T	65	12T	71		5		
8	Alexei Ramirez	17	17	236	9	6	0.277		15	5	68	8T	71		14	12T	
9	Jason Bartlett	15	15	382	4	7	0.32	3	14	6T	66	10T	90	7	30	3T	Rinse Wash Repeat
10	Yunel Escobar	13	14	294	6	9	0.299	8	14	6T	76	7	89	8	5		
11	JJ Hardy	11	11	88		19T	0.229		11	11T	47		53		0		
12	<u>Maicer Izturis</u>	9	9	526	3		0.3	7	8		65	12T	74	13	13	15T	The FDH Lounge Dot Com
13	Marco Scutaro	9	9	259	7	16	0.282	12	12	9T	60	14	100	4T	14	12T	
14	Erick Aybar	9	9	208	14	17	0.312	5	5		58	15	70		14	12T	
15	<u>Orlando Cabrera 2X</u>	9	10	169		15	0.284	11	9	14T	77	5T	83	9T	13	15T	Nothing Is Off Topic
16	<u>Asdrubal Cabrera</u>	8	8	231	11	8	0.308	6	6		68	8T	81	11T	17	11	
17	Mike Aviles	8	8	0			0.183		1		8		10		1		
18	<u>Jhonny Peralta</u>	8	8	75		13	0.254		11	11T	83	4	57		0		Nothing Is Off Topic
19	Elvis Andrus	7	7	183		14	0.267		6		40		72	14T	33	1	
20	Rafael Furcal	7	8	123		11	0.269		9	14T	47		92	6	12		
21	<u>Luis Valbuena</u>	6	6	0			0.25		10	13	31		52		2		Rinse Wash Repeat
22	<u>Brandon Wood</u>	6	6	0			0.195		1		3		5		0		
23	Cliff Pennington	5	5	219	12		0.279	13T	4		21		27		7		
24	Ryan Theriot	4	4	161		18	0.284	10	7		54		81	11T	21	8T	
25	<u>Emilio Bonifacio</u>	3	3	0			0.252		1		27		72	14T	21	8T	
26	<u>Willie Bloomquist</u>	3	3	34			0.265		4		29		52		25	6T	

FDH Long-Term Keeper League Prospect Rankings

- 1 Stephen Strasburg, SP, Washington
- 2 Jason Heyward, OF, Atlanta
- 3 Buster Posey, C, San Francisco
- 4 Carlos Santana, C, Cleveland
- 5 Brian Matusz, SP, Baltimore
- 6 Pedro Alvarez, 3B, Pittsburgh
- 7 Neftali Feliz, SP, Texas
- 8 Jesus Montero, C, New York Yankees
- 9 Madison Bumgarner, SP, San Francisco
- 10 Mike Stanton, OF, Florida
- 11 Michael Taylor, OF, Oakland
- 12 Justin Smoak, 1B, Texas
- 13 Kyle Drabek, SP, Toronto
- 14 Desmond Jennings, OF, Tampa Bay
- 15 Martin Perez, SP, Texas
- 16 Dustin Ackley, OF, Seattle
- 17 Domonic Brown, OF, Philadelphia
- 18 Chris Carter, 1B, Oakland
- 19 Jeremy Hellickson, SP, Tampa Bay
- 20 Starlin Castro, SS, Chicago Cubs
- 21 Wade Davis, SP, Tampa Bay
- 22 Aroldis Chapman, SP, Cincinnati
- 23 Casey Kelly, SP, Boston
- 24 Christian Friedrich, SP, Colorado
- 25 Jhoulys Chacin, SP, Colorado

- 26 Freddie Freeman, 1B, Atlanta
- 27 Logan Morrison, 1B, Florida
- 28 Brett Wallace, 3B, Toronto
- 29 Lonnie Chisenhall, 3B, Cleveland
- 30 Aaron Hicks, OF, Minnesota
- 31 Ryan Westmoreland, OF, Boston
- 32 Jarrod Parker, SP, Arizona
- 33 Hector Rondon, SP, Cleveland
- 34 Derek Norris, C, Washington
- 35 Matt Moore, SP, Tampa Bay
- 36 Jaff Decker, OF, San Diego
- 37 Mike Montgomery, SP, Kansas City
- 38 Tyler Matzek, SP, Colorado
- 39 Jenry Mejia, SP, New York Mets
- 40 Brett Lawrie, 2B, Milwaukee
- 41 Jason Castro, C, Houston
- 42 Scott Sizemore, 2B, Detroit
- 43 Jordan Lyles, SP, Houston
- 44 Drew Storen, RP, Washington
- 45 Mike Moustakas, 3B, Kansas City
- 46 Eric Hosmer, 1B, Kansas City
- 47 Julio Teheran, SP, Atlanta
- 48 Josh Vitters, 3B, Chicago Cubs
- 49 Jake Arrieta, SP, Baltimore
- 50 Fernando Martinez, OF, New York Mets

FDH 2010 Prospect Rankings

- 1 Neftali Feliz, SP, Texas
- 2 Jason Heyward, OF, Atlanta
- 3 Brian Matusz, SP, Baltimore
- 4 Wade Davis, SP, Tampa Bay
- 5 Brett Wallace, 3B, Toronto
- 6 Buster Posey, C, San Francisco
- 7 Chris Carter, 1B, Oakland
- 8 Jake Arrieta, SP, Baltimore
- 9 Stephen Strasburg, SP, Washington
- 10 Pedro Alvarez, 3B, Pittsburgh
- 11 Madison Bumgarner, SP, San Francisco
- 12 Mike Stanton, OF, Florida
- 13 Justin Smoak, 1B, Texas
- 14 Jhoulys Chacin, SP, Colorado
- 15 Carlos Santana, C, Cleveland

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2010 AL & NL Scarcity

[NOTE: The following players are starting-caliber fantasy performers worth more in single-league formats because of a relative scarcity of talent at that position.]

C: Brian McCann

1B: Miguel Cabrera, Justin Morneau, Kendry Morales, Mark Reynolds (worth more only because of the 1B situation), Pablo Sandoval (see Mark Reynolds), Mark Teixeira, Kevin Youkilis

2B: Chase Utley, Ben Zobrist (worth more only because of the OF situation)

SS: Derek Jeter

3B: Garrett Atkins (worth more only because of the 1B situation), Mark DeRosa, Mark Reynolds, Pablo Sandoval, David Wright, Kevin Youkilis (see Garrett Atkins), Ryan Zimmerman

OF: Carl Crawford, Adam Lind, Ben Zobrist

SP: none

RP: none

2010 Players With a Wide Range of Opinion

[NOTE: Our Experts' Draft Board is a compilation of other draft boards from major magazines and websites in the industry. These players had a wide disparity between their highest and lowest rankings in the survey.]

C: Matt Wieters

1B: Lance Berkman, Garrett Jones, Derek Lee, Victor Martinez, Mark Reynolds

2B: Casey McGehee

SS: Elvis Andrus, Jason Bartlett

3B: Mark Reynolds, Ian Stewart

OF: Nelson Cruz, Curtis Granderson, Josh Hamilton, Raul Ibanez, Adam Jones, Alex Rios, BJ Upton, Jayson Werth, Ben Zobrist

SP: Tommy Hanson, Ted Lilly, Brandon Webb

RP: David Aardsma, Matt Capps, Francisco Cordero, Ryan Franklin, Brian Fuentes, JP Howell, Francisco Rodriguez, Rafael Soriano, Jose Valverde

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10 Games 15 Games 20 Games

NOTE: The 20-game standard for eligibility is the one we apply for our draft board.

Aurilia	1B/3B	W Aybar	1B/2B/3B	Atkins	1B/3B	M Izturis	2B/SS	Uribe	2B/SS/3B
Belliard	1B/2B/3B	Barnes	2B/SS	W Aybar	1B/2B	G Jones	1B/OF	Valbuena	2B/SS
Bloomquist	2B/SS/OF	Belliard	1B/2B	Baker	2B/3B	Kennedy	2B/3B	Vizquel	SS/3B
Blum	1B/3B	Blanco	2B/SS	Bautista	3B/OF	Keppinger	2B/3B	Wigginton	1B/3B
Bruntlett	2B/OF	Bonifacio	SS/3B/OF	Bloomquist	SS/OF	Kotsay	1B/OF	Youkilis	1B/3B
Buscher	1B/3B	Carroll	2B/3B	Bonifacio	SS/3B	Lugo	2B/SS	Delw Young	2B/OF
Callaspo	2B/3B	Cora	2B/SS	A Cabrera	2B/SS	V Martinez	C/1B	Zobrist	2B/OF
Carroll	2B/3B/OF	Coste	C/1B	Cantu	1B/3B	McGehee	2B/3B		
Cedeno	2B/SS	Dobbs	3B/OF	Castro	2B/SS	Ojeda	2B/SS/3B		
C Davis	1B/3B	Erstad	1B/OF	Counsell	2B/SS/3B	R Pena	SS/3B		
Garko	1B/OF	Fields	1B/3B	Crosby	1B/3B	Peralta	SS/3B		
Gload	1B/OF	Giminez	1B/OF	Cuddyer	1B/OF	Prado	1B/2B/3B		
E Gonzalez	2B/OF	K Greene	SS/3B	DeRosa	3B/OF	Punto	2B/SS		
T Greene	SS/3B	Hannahan	1B/3B	Dunn	1B/OF	Reynolds	1B/3B		
J Hairston	2B/SS/3B/OF	W Harris	2B/OF	Fontenot	2B/3B	L Rodriguez	2B/SS		
B Harris	2B/SS/3B	Infante	2B/OF	Fox	3B/OF	Sandoval	1B/3B		
Hinske	3B/OF	Lopez	2B/3B	Gonzalez	2B/SS	R Santiago	2B/SS		
Infante	2B/SS/3B/OF	Loretta	1B/3B	Hairston	SS/3B/OF	Stewart	2B/3B		
Keppinger	2B/SS/3B	Nix	2B/SS	Harris	SS/3B	Swisher	1B/OF		
LaPorta	1B/OF	Quinlan	1B/OF	Headley	3B/OF	Tatis	1B/3B/OF		
Lillibridge	2B/OF	Roberts	2B/3B/OF	A Hernandez	2B/SS	Teahen	3B/OF		
McDonald	SS/3B	Ryan	2B/SS	R Hernandez	C/1B	Thurston	2B/3B		
Nix	2B/SS/3B	Vizquel	2B/SS/3B	Hoffpauir	1B/OF	Tolbert	2B/3B		
Quintanilla	2B/SS/3B								
Raburn	1B/OF								
Rosales	1B/3B								
Ryal	1B/2B								
Scales	2B/OF								
Scott	1B/OF								
Teahen	1B/3B/OF								
Vazquez	2B/SS/3B								
Woodward	2B/3B								
Zobrist	2B/SS/OF								

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al Third Basemen	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk	
1 Alex Rodriguez	37	37	750	1	1	0.286	16	30	4	100	4T	78	11T	14	6	
2 Evan Longoria	36	36	501	5	3	0.281	18	33	2T	113	1	100	3	9	9	
3 Kevin Youkilis	33	36	667	3	4	0.305	6T	27	5T	94	6	99	4	7	12T	
4 Ryan Zimmerman	33	35	431	6	5	0.292	10	33	2T	106	2	110	2	2		
5 David Wright	31	33	264	12	2	0.307	5	10		72	16	88	6	27	2	
6 Mark Reynolds	30	32	706	2	6	0.26		44	1	102	3	98	5	24	3	
7 Aramis Ramirez	29	31	555	4	7	0.317	3	15	18	65		46		2		
8 Pablo Sandoval 1X	29	31	312	10	8	0.33	1	25	7T	90	7	79	10	5	15T	
9 Miguel Tejada	19	19	207	19		0.313	4	14	19T	86	9	83	8	5	15T	
10 Gordon Beckham	18	18	241	14	11	0.27		14	19T	63		58		7	12T	
11 Jorge Cantu	18	20	196		13	0.289	12T	16	15T	100	4T	67	19	3		
12 Garrett Atkins	17	20	53			0.226		9		48		37		0		
13 Mark DeRosa	17	19	200		20	0.25		23	9	78	14	78	11T	3		
14 Casey McGehee	16	17	368	8	15	0.301	8	16	15T	66		58		0		
15 Ian Stewart	16	17	366	9	17T	0.228		25	7T	70	18	74	15	7	12T	
16 Alex Gordon	15	15	235	15T	16	0.232		6		22		28		5	15T	
17 Chipper Jones	15	16	235	15T	12	0.264		18	11T	71	17	80	9	4		
18 Kevin Kouzmanoff 2X	13	14	99			0.255		18	11T	88	8	50		1		
19 Chone Figgins	10	10	85		9	0.298	9	5		54		114	1	42	1	
20 Michael Young	9	9	250	13	10	0.322	2	22	10	68	19	76	13T	8	10T	
21 Casey Blake	9	10	287	11	17T	0.28	19	18	11T	79	13	84	7	3		
22 Adrian Beltre	9	9	0		19	0.265		8		44		54		13	7	
23 Mike Lowell	9	9	222	18		0.29	11	17	14	75	15	54		2		
24 Placido Polanco	9	10	103			0.285	17	10		72		82		7		
25 Jhonny Peralta	8	8	28		14	0.254		11		83	11	57		0		
26 Scott Rolen	7	7	223	17		0.305	6T	11		67	20	76	13T	5	15T	
27 Brandon Wood	6	6	0			0.195		1		3		5		0		
28 Brandon Inge	6	6	179			0.23		27	5T	84	10	71	17	2		
29 Chase Headley	5	5	78			0.262		12		64		62		10	8	
30 Jeff Baker	5	5	20			0.288	15	4		24		27		1		
31 Mike Fontenot	4	4	0			0.236		9		43		38		4		
32 Juan Uribe	4	4	206	20		0.289	12T	16	15T	55		50		3		
33 Adam Kennedy	4	4	125			0.289	12T	11		63		65	20	20	5	
34 Mark Teahen	4	4	14			0.271		12		50		69	18	8	10T	
35 Ty Wigginton	4	4	0			0.273	20	11		41		44		1		
36 Jose Bautista	3	3	153			0.235		13		40		54		4		
37 Jake Fox	3	3	385	7		0.259		11		44		23		0		
38 Emilio Bonifacio	3	3	0			0.252		1		27		72	16	21	4	

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Suggested Fantasy/Rotisserie League Guidelines

Unless you are a first-time participant, you have either played rotisserie baseball (a game in which players accrue points based on their performance in different categories) or fantasy baseball (a game in which different achievements earn various amounts of points). Here are our recommended formats for each (keeping in mind that for each format, if you have less than 10 owners, you should utilize a single-league format — and regardless of anything else, use a \$100 Free Agent Acquisition Budget, or FAAB, to allow for distribution of players):

^ Rotisserie baseball: We urge you to use the standard 5X5 setup, in which BA, HR, SB, Runs and RBI are used for hitters and Wins, Saves, WHIP, ERA and Ks are used for pitchers (4X4 leagues drop Runs and Ks). For example, if you are in a 12-team league, the team scoring highest in each category earns 12 points, on down to the lowest team earning 1 point. Rotisserie baseball is traditionally associated more with the auction format, which works well here. Each player is given \$260 of figurative money to purchase 23 players (2C, 1 1B, 1 2B, 1 SS, 1 3B, 5 OF, 1 Cl, 1 MI, 1 Utility, 7 SP, 2 RP), with a 5-round standard serpentine draft afterwards to fill out a taxi squad.

^ Rotisserie/fantasy hybrid: This is probably our favorite form of competition, because it combines the traditional roto style with head-to-head play. Each week, you play against an opponent, competing in roto categories, with the winner of the most categories taking the victory (a tiebreaking category is established as a backup). Either an auction or the standard serpentine draft format works here.

^ Fantasy baseball: These categories should be used, with the number of points awarded for each in parentheses: Single (1), Double (2), Triple (3), HR (4), Hitter K (-1), Run (1), RBI (1), SB (1), Win (10), Save (5), IP- ER (1), K (1). For this format, a standard serpentine draft is preferred.

nl	Outfield	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk	
1	Ryan Braun	39	39	449	12	1	0.32	4	32	7T	114	2T	113	1	20	19T	The FDH Lounge Dot Com
2	Matt Kemp	38	38	303	29	2	0.297	21T	26	15T	101	10T	97	6T	34	7	
3	Matt Holliday	37	37	389	17	4	0.313	5T	24	22T	109	4	94	11T	14	31T	
4	Justin Upton	33	33	297	30	6	0.3	16T	26	15T	86	21T	84	25T	20	19T	
5	Adam Lind	31	35	503	7	16T	0.305	11T	35	4	114	2T	93	14T	1		
6	Carl Crawford	30	34	341	22T	3	0.305	11T	15		68		96	9T	60	3	
7	Ben Zobrist	29	31	456	11	23T	0.297	21T	27	13T	91	16	91	18T	17	27T	
8	Jason Bay	27	27	750	1	7	0.267		36	2T	119	1	103	3	13	33T	
9	Carlos Beltran 1X	32	32	288	34	10	0.325	2	10		48		50		11		
10	Grady Sizemore	25	26	219		8T	0.248		18		64		73		13	33T	
11	Torii Hunter	24	25	474	9	26	0.299	20	22	30T	90	17T	74		18	26	
12	Andre Ethier	24	24	341	22T	12	0.272		31	9	106	5	92	17	6		
13	Jayson Werth	23	23	459	10	13	0.268		36	2T	99	12	98	5	20	19T	
14	Bobby Abreu	23	23	363	20	14	0.293	23T	15		103	7T	96	9T	30	8T	
15	Manny Ramirez	23	23	390	16	15	0.29	29T	19		63		62		0		
16	Carlos Gonzalez	23	23	294	31		0.284	35T	13		29		53		16	29T	
17	Shin-Soo Choo	23	24	234		18	0.3	16T	20	35T	86	21T	87	22	21	18	
18	Nick Markakis	22	23	210		11	0.293	23T	18		101	10T	94	11T	6		
19	Carlos Lee	22	22	162		16T	0.3	16T	26	15T	102	9	65		5		
20	Curtis Granderson	22	23	176		22	0.249		30	10	71	32T	91	18T	20	19T	
21	Jay Bruce	22	22	325	26T		0.223		22	30T	58		47		3		
22	Josh Hamilton 2X	22	23	226		19T	0.268		10		54		43		8		
23	Carlos Quentin	19	19	283	35	32T	0.236		21	33T	56		47		3		
24	Ryan Ludwick	19	19	411	15		0.265		22	30T	97	13	63		4		
25	B.J. Upton	19	19	92		21	0.241		11		55		79	33	42	4T	
26	Nelson Cruz	19	19	507	6	23T	0.26		33	6	76	29T	75		20	19T	
27	Adam Dunn	19	19	588	4	27	0.267		38	1	105	6	81	32	0		
28	Hunter Pence	19	19	212		25	0.282		25	18T	72	31	76		14	31T	
29	Alfonso Soriano	19	19	137		34T	0.241		20	35T	55		64		9		
30	Andrew McCutchen	19	19	252		32T	0.286	31T	12		54		74		22	17	
31	Raul Ibanez	19	19	620	3	29	0.272		34	5	93	15	93	14T	4		
32	Michael Cuddyer	18	18	291	32T		0.276		32	7T	94	14	93	14T	6		
33	Adam Jones	18	18	258		28	0.277		19		70	35T	83	30	10		
34	Jacoby Ellsbury	17	17	250		5	0.301	15	8		60		94	11T	70	1	
35	Ichiro	17	17	6		8T	0.352	1	11		46		88	20T	26	12T	
36	Julio Borbon	17	17	641	2		0.312	8	4		20		30		19	24T	
37	Garrett Jones	17	17	414	14	34T	0.293	23T	21	33T	44		45		10		
38	Nick Swisher	17	17	325	26T		0.249		29	11	82	24T	84	25T	0		
39	Mark DeRosa 3X	17	17	200			0.25		23	28T	78	27	78	34T	3		
40	Jason Kubel	14	14	495	8		0.3	16T	28	12	103	7T	73		1		
41	Johnny Damon	14	14	345	21		0.282		24	22T	82	24T	107	2	12	35T	
42	Luke Scott	14	14	334	24		0.258		25	18T	77	28	61		0		
43	Brad Hawpe	14	14	262			0.285	33T	23	28T	86	21T	82	31	1		
44	Alex Rios	13	13	129		31	0.247		17		71	32T	63		24	14	
45	Nolan Reimold	13	13	218			0.279		15		45		49		8		
46	Nate McLouth 4X	13	13	224		34T	0.256		20	35T	70	35T	86	23	19	24T	
47	J.D. Drew	9	9	333	25		0.279		24	22T	68		84	25T	2		
48	Matt LaPorta	9	9	180			0.254		7		21		29		2		

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nl	Outfield	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
49	Jason Heyward	9	9				NA		NA		NA		NA		NA	
50	Travis Snider	9	9				0.241		9		29		34		1	
51	Kyle Blanks	8	8	381	18		0.25		10		22		24		1	
52	Josh Willingham	8	8	263			0.26		24	22T	61		70		4	
53	Juan Rivera	8	8	245			0.287	30	25	18T	88	20	72		0	
54	Xavier Nady	8	8	0			0.286	31T	0		2		4		0	
55	Franklin Gutierrez	8	8	234			0.283		18		70	35T	85	24	16	29T
56	Colby Rasmus	8	8	132			0.251		16		52		72		3	
57	Cody Ross	8	8	215			0.27		24	22T	90	17T	73		5	
58	Vernon Wells	8	8	83			0.26		15		66		84	25T	17	27T
59	Jermaine Dye	8	8	255			0.25		27	13T	81	26	78	34T	0	
60	<u>Chris Coghlan 5X</u>	8	8	71			0.321	3	9		47		84	25T	8	
61	Corey Hart	7		257			0.26		12		48		64		11	
62	Mike Cameron	7		201			0.25		24	22T	70	35T	78	34T	7	
63	Chris Young	7		0			0.212		15		42		54		11	
64	Lastings Milledge	7		0			0.279		4		21		21		7	
65	Marlon Byrd	7		194			0.283		20	35T	89	19	66		8	
66	Seth Smith	7		324	28		0.293	23T	15		55		61		4	
67	Jonny Gomes	7		560	5		0.267		20	35T	51		39		3	
68	Jack Cust	7		221			0.24		25	18T	70	35T	88	20T	4	
69	Jeremy Hermida	7		102			0.259		13		47		48		5	
70	Milton Bradley	7		112			0.257		12		40		61		2	
71	<u>Shane Victorino 6X</u>	7		25		19T	0.292	27	10		62		102	4	25	14T
72	Jeff Francoeur	6		130			0.28		15		76	29T	72		6	
73	Nate Schierholtz	6		0			0.267		5		29		33		3	
74	Conor Jackson	6		0			0.182		1		14		8		5	
75	Cameron Maybin	6		0			0.25		4		13		30		1	
76	Delmon Young	6		186			0.284	35T	12		60		50		2	
77	Mike Saunders	6	6				NA		NA		NA		NA		NA	
78	Michael Taylor	6	6				NA		NA		NA		NA		NA	
79	Rajai Davis	6		291	32T		0.305	11T	3		48		65		41	6
80	Drew Stubbs	6		134			0.267		8		17		27		10	
81	Scott Hairston	6		82			0.265		17		64		50		11	
82	Denard Span	6		121		30	0.311	9	8		68		97	6T	23	15
83	<u>Gerardo Parra 7X</u>	6		33			0.29	29T	5		60		59		5	
84	Chase Headley	5	5	55			0.262		12		64		62		10	
85	Ryan Raburn	5		435	13		0.291	28	16		45		44		5	
86	Desmond Jennings	5	5				NA		NA		NA		NA		NA	
87	Nyjer Morgan	5		0			0.307	10	3		39		74		42	4T
88	David Murphy	5		210			0.269		17		57		61		9	
89	Scott Podsednik	5		0			0.304	14	7		48		75		30	8T
90	Mark Teahen	4	4	31			0.271		12		50		69		8	
91	Michael Bourn	4		0		34T	0.285	33T	3		35		97	6T	61	2
92	Dexter Fowler	4		0			0.266		4		34		73		27	10
93	Austin Jackson	4	4	NA			NA		NA		NA		NA		NA	
94	Jose Bautista	3	3	131			0.235		13		40		54		4	
95	Jake Fox	3	3	365	19		0.259		11		44		23		0	
96	Willie Bloomquist	3	3	0			0.265		4		29		52		25	14T

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2010 FantasyDrafthelp.com Baseball Mock Draft & Analysis

	1	2	3	4	5	6	7	8	9	10	11	12
	Samantha	Nate	Tim	Jon	Jason	Rick	Jeff W	Russ	Jeff M	Mike V	Mike P	Steve
1	Albert Pujols	Hanley Ramirez	Chase Utley	Alex Rodriguez	Ryan Braun	Matt Kemp	Prince Fielder	Evan Longoria	Joe Mauer	Felix Hernandez	Tim Lincecum	Troy Tulowitzki
2	Jimmy Rollins	David Wright	Carl Crawford	Victor Martinez	Mark Teixeira	Miguel Cabrera	Roy Halladay	Adam Wainwright	Kevin Youkilis	Zack Greinke	Ryan Zimmerman	Matt Holliday
3	CC Sabathia	Ryan Howard	Dan Haren	Justin Verlander	Ian Kinsler	Brian McCann	Derek Jeter	Jose Reyes	Mark Reynolds	Pablo Sandoval	Justin Upton	Carlos Beltran
4	Torii Hunter	Brandon Phillips	Aramis Ramirez	Ichiro Suzuki	B.J. Upton	Jake Peavy	Grady Sizemore	Joe Nathan	Chris Carpenter	Jacoby Ellsbury	Robinson Cano	Johan Santana
5	Cliff Lee	Beckett	Adrian Gonzalez	Manny Ramirez	Vazquez	Adam Lind	Adam Posada	Mike Napoli	Jason Bay	Clayton Kershaw	Josh Johnson	Ben Zobrist
6	Dan Uggla	Mariano Rivera	Miguel Montero	Justin Morneau	Dustin Pedroia	Jonathan Papelbon	Cole Hamels	Derrek Lee	Brandon Webb	Joey Votto	Matt Wieters	Jon Lester
7	Shin-Soo Choo	Andre Ethier	Yovani Gallardo	Jonathan Broxton	Ubaldo Jimenez	Rickie Weeks	Joakim Soria	Aaron Hill	Andrew Bailey	Carlos Gonzalez	Billy Butler	Carlos Pena
8	Ryan Doumit	Alfonso Soriano	Bobby Abreu	Roy Oswalt	Michael Young	Matt Cain	Ryan Ludwick	Jayson Werth	John Lackey	Geovany Soto	Tommy Hanson	Kendry Morales
9	Chipper Jones	Ted Lilly	Jose Valverde	Brian Roberts	Carlos Lee	Miguel Tejada	Vladimir Guerrero	Chad Billingsley	Andrew McCutchen	David Price	Jay Bruce	Russell Martin
10	Jones Garrett	Jair Jurrjens	Jerod Weaver	Mark Buehrle	Josh Hamilton	Wandy Rodriguez	Carlos Zambrano	Carlos Cruz	Nelson Jose Lopez	Carlos Marmol	Francisco Heath Bell	Francisco Rodriguez
11	Hiroki Kuroda	A.J. Pierzynski	Nick Markakis	JJ Hardy	Alexei Ramirez	Gordon Beckham	Curtis Granderson	Matt Garza	A.J. Burnett	Howie Kendrick	Stephen Drew	Mark DeRosa
12	Dice-K	Neftali Feliz	David Ortiz	Michael Cuddyer	Chris Ianetta	Ricky Nolasco	Kevin Kouzmanoff	Hunter Pence	Carlos Adam Dunn	Quentin Adams	Adam Jones	Scott Baker
13	Street	Lance Berkman	Jason Bartlett	Trevor Hoffman	Scott Kazmir	Raul Ibanez	Clay Buchholz	Max Scherzer	Adam LaRoche	Brett Anderson	Ian Stewart	Nick Swisher
14	Barnes	Clint Rich	Brad Harden	Brian Wilson	John Danks	Chad Qualls	Russell Branyan	Ryan Dempster	Hideki Matsui	Asdrubal Cabrera	James Billy Wagner	James Shields
15	J.A. Happ	Nolan Reimold	Bradley Hawpe	Barry Zito	Chone Figgins	Ervin Santana	Tim Hudson	Casey McGehee	Chris Young	Julio Borbon	Edwin Jackson	Gavin Floyd
16	Jeff Francis	Alex Rios	Bronson Arroyo	Troy Glaus	Stephen Strasburg	Jorge Cantu	Joba Chamberlain	Paul Konerko	Marco Scutaro	Johnny Damon	Clayton Richard	Jason Kubel
17	Todd Helton	Ben Sheets	Chris Davis	Derek Lowe	Aaron Cook	Yunel Escobar	Luis Valbuena	Johnny Cueto	Zach Duke	Madison Bumgarner	Homer Bailey	Joel Pineiro
18	Blake	Casey Brad	Jon Lidge	Nyjer Morgan	Kevin Millwood	Brett Myers	Bobby Jenks	David Aardsma	Frank Francisco	Mike Gonzalez	Alex Gordon	James Loney
19	Fuentes	Brian Jason	Francisco Heyward	Vernon Wells	Rafael Soriano	Nate McLouth	Jhonny Peralta	Garrett Atkins	Matt LaPorta	Tommy Hunter	Colby Ras-mus	Ryan Franklin
20	Lastings	Gil Meche	Nick Blackburn	Aaron Harang	Kyle Blanks	J.D. Drew	Chris Coghlan	Trevor Cahill	Kurt Suzuki	Travis Snider	Jason Marquis	
21	Milledge	Fausto John	Placido Polanco	Elvis Andrus	Josh Willingham	Jonathan Sanchez	Andy Pettitte	Bengie Molina	Freddie Sanchez	Orlando Cabrera	Jarrod Saltalamacchia	Ivan Rodriguez
22	Shoppach	Kelly Maicer Izturis	Ramon Hernandez	Miguel Olivo	Jesus Flores	Rod Barajas	Yadier Molina	Rick Porcello	Carlos Ruiz	Aubrey Huff	Randy Wells	Rafael Furcal

Here were the participants in our 2010 FDH Fantasy Baseball Mock Draft, held on March 4, 2010 (with a draftmaster format and 5X5 roto league setup, 2C, 1 1B, 1 2B, 1 SS, 1 3B, 1 MI, 1 CI, 4 OF, 1 DH, 7 SP, 2 RP) and our round-by-round notes:

1 FDH Entertainment Editor Samantha Jones 2 FDH Fantasy Baseball Correspondant Nate Noy 3 FDH Fantasy Baseball Correspondant Tim Foust 4 FDH Niche Sports Correspondant Jon Adams 5 FDH Senior Editor Jason Jones 6 FDH Managing Partner Rick Morris 7 FDH Motorsports Correspondant Jeff Weber 8 Russ Cohen of Sportsology 9 FDH Consultant Jeff Maslanich 10 FDH Niche Sports Correspondant Mike Vili 11 FDH Chief NASCAR Correspondant Mike Ptak 12 FDH Senior Producer "The New York Bureau" Steve Cirvello.

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2010 FantasyDrafthelp.com Baseball Mock Analysis

(CONTINUED FROM PAGE 15)

1 Samantha answered the "Albert v Hanley" question at the top of everyone's draft this year in favor of the former. Desiring the FDH chalk pick, Nate was very happy that she did. Win-win – at least until the games start and the matter is settled then. For Jason, who always notes when he is "snaked" in these events, a preemptive first blow was struck against Rick, who really wanted Braun! Somewhat predictably, the pitchers did not start moving until the end of the round. FDH's most controversial first-rounder, Tulow, did get picked at the end of the round as the FDH board went 11-for-12 in terms of the "golden" players at the top – somewhat unsurprisingly among a group that is diverse in terms of style but shares some commonalities when it comes to evaluating many players.

2 The first huge curveball was thrown by one of our notorious gamblers as Mike Vili took his second ace pitcher! Not a textbook move by any stretch of the imagination to put off hitting that long, but Mike wouldn't have it any other way. He grabbed two of the only pitchers deemed worthy of very high picks, inasmuch as no team in the bottom half of the round took a hurler. Tim bucked the consensus somewhat by taking a speed-dominated player in Crawford and Nate did likewise by rolling the dice on "'09 slappy" Wright – but in their defense, neither player would have made it back to them.

3 Nate kept building a heck of an infield by adding Howard to Wright and Ramirez. Five of the teams chose not to select their first pitchers in this round, as a well-rounded array of hitters moved (with every position except DH represented here). Jeff Maslanich made an interesting defensive move by pulling the second dual-eligible 1B/3B player off the market and thereby squeezing everyone else in terms of flexibility. Mike Vili's first hitter turned out to be super-soph Pablo Sandoval – interesting. Poor Russ got a really good value with Reyes only to learn the next day that his thyroid will be an issue at least in the short term.

4 For Mike Ptak, a youth-obsessed owner, Robby Cano actually represented his most experienced selection yet! Mike Vili became the owner unafraid to risk that Ellsbury's lack of pop would prove a problem this high, while Jon followed suit with Ichiro. Russ ended up becoming "That Guy" by pulling the first closer off the board — and ended up being our "Sucks to Be You Guy" when Nathan went down days later! This was the first round to see some real "comeback shopping," as Sizemore, Peavy and BJ Upton were all claimed.

5 Nate and Jason, the last two owners without pitchers, were left to roll the bones here on Beckett (underachieving '09) and Vazquez (historically, not the same pitcher in the AL), respectively. '09 breakthrough Ben Zobrist ended up being treated with a lot of skepticism by the drafters, coming in at the last pick of this round. Although hard to believe even a year ago, it has to go as at least a mild surprise to see ManRam taken ahead of Ethier.

6 The two Jeffs each picked up interesting reclamation cases in Webb and Hamels. Steve managed to score a really good value in Cy Young candidate Lester at the top of the round. The depth at 1B was on full display here as Votto, Lee and Morneau all slid to here. Jason and the Missus each picked up 2B, he with a waif who lost a bit of power last year, she with a slugging He-Man who could use a bit more plate discipline.

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2010 FantasyDrafthelp.com Baseball Mock Analysis

(CONTINUED FROM PAGE 15)

7 Samm and Nate kicked off the round with excellent all-around OF in Choo and Ethier. The run on closers gained a bit more momentum in this round. Gallardo, Weeks (health permitting, as is always the proviso), Gonzalez and Butler are all prime candidates to break out to Top 25 Overall value this year.

8 And there they went! Steve and Mike Ptak started the round by finishing off the FDH Top 72 (Hanson going to the youth-oriented Ptak was a slam dunk). Lackey and Oswalt went a bit lower than they would have last year and Cain a bit higher, so it will be interesting to see how transformative 2009 was for these three. Werth was a fine value for Russ here, vindicating his strategy of waiting at the deepest positions. Abreu fits in well with the always-sensible Tim's team, while Nate demonstrated his aggressive instincts by grabbing Soriano in hopes of a big comeback.

9 What an intriguing round for Buy Low potential with Chipper (so great on a per at-bat basis in '07 and '08), Carlos Lee (lost in the shuffle in this draft with the OF depth), Mad Vlad (now only eligible at DH, but looking dangerous in that park and that lineup with the option for more rest), Billingsley (a tantalizing first half of '09 before he fell off a cliff), McCutchen (barring injury, he will be great and it's only a matter of when), Price (see McCutchen), Bruce (see McCutchen and Price) and Martin (an elite fantasy catcher until '09's dropoff).

10 Some nice power slid to this round in the form of Lopez, Cruz and Hamilton. The round began with three closers being picked – and then no more. Now Bucco fan Samm has one more reason to hope Garrett Jones' '09 wasn't the fluke most people think it was.

11 There was plenty of value shopping here, as Markakis, Hardy, Ramirez, Granderson and Drew could emerge to provide value after disappointing outings in '09. Kuroda, Beckham, Garza and Kendrick also stand out as candidates to vastly outperform their draft position.

12 Jones, Quentin and Pence could easily have been drafted higher based on snippets of what they have shown before, showing that the OF bargain shopping in this draft was substantial. David Ortiz – how the mighty have fallen! Nate cannot be sure of Feliz's role this year, but he was determined to secure him anyway. Samm continued with the intriguing Pacific Rim flavor of her team.

13 Even if Bartlett's '09 emergence wasn't for real, Tim only paid a modest price for him. Ditto Rick and Ibanez. This wasn't a very interesting round, although Berkman could well be a great sleeper for Nate.

14 More than most rounds, the players here seemed appropriate to where they were selected, although Harden remains boom-or-bust and Hawpe is the exception to the rule because he is once again underappreciated. Cabrera and his 2B/SS eligibility represent an interesting gamble for Mike Vili.

15 With the FDH drafters so clearly focused on all-around value (in a manner that some, not unfairly, could call groupthink), Figgins slid to the lowest position you will find him in for a mock draft in '10. If McGehee can build on his shocking '09, that alone will help Russ's offense greatly. If the real Santana and Young prove to be at the higher level of what they have shown, they will be two of the best values in the draft.

16 Kubel, Konerko and Glaus brought new meaning to "cheap pop" in this round. Jason outdid even some of the notorious gamblers in this league by taking Strasburg this high in a draftmaster league. Chamberlain and the returning Francis were also interesting dice rolls at this point. Rios could be an excellent comeback candidate in a hitters park and the typical White Sox softball sluggers lineup.

17 Todd Helton? Ben Sheets? Derek Lowe? If you were stepping out of the "Hot Tub Time Machine," you wouldn't believe where they were drafted! Cueto, Bumgarner and Bailey were "swing for the fences" picks from some of our more aggressive and youth-friendly owners.

(CONTINUED ON PAGE 17)

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2010 FantasyDrafthelp.com Baseball Mock Analysis

(CONTINUED FROM PAGE 16)

18 A run on second closers materialized in this round. Owners seemed torn between the safe and familiar (Blake, Millwood, Garland) and looking for upside even among late bloomers (Loney, Gordon and Morgan).

19 Nate is all in on Jason Heyward! Rasmus, Hunter and LaPorta also represented big faith in young upside. There is plenty of irony in seeing McLouth critic Rick end up with the "scrappy, hustling" OF, but the price paid was more than reasonable.

20 We certainly might have expected to see Suzuki and '09 NL Rookie of the Year Coghlan go a bit higher, but they did not. None of the owners expressed great optimism about the pitchers taken here, but that's more or less what you would expect at this point.

21/22 With only one exception, everyone was using one of these spots for their backup catcher. The most intriguing names to go here had to be Carmona (brave move in a draftmaster's league – he can either singlehandedly destroy your numbers or propel you to the top, with little chance of in-between), Huff (capable of vastly outperforming this spot) and Porcello (an excellent start to his major-league career).

The most intriguing names not selected?

C: Buster Posey

1B: Hank Blalock, Russell Branyan

2B: Alberto Callaspo, Mark Ellis, Scott Sizemore

SS: Erick Aybar

3B: Pedro Alvarez, Adrian Beltre, Edwin Encarnacion, Mat Gamel, Brandon Inge, Mike Lowell, Scott Rolen, Brett Wallace

OF: Milton Bradley, Marlon Byrd, Mike Cameron, Jermaine Dye, Franklin Gutierrez, Corey Hart, Xavier Nady, Juan Rivera, Cody Ross, Luke Scott, Chris Young

DH: Travis Hafner

SP: Erik Bedard, Brad Bergeson, Wade Davis, Scott Feldman, Jeremy Hellickson, John Lannon, Brian Matusz, Jarrod Washburn, Sean West

RP: Matt Capps, Matt Lindstrom, Leo Nunez, Kerry Wood

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Dollar Bin Players

NOTE: These are extra players at each position all valued at \$1 in auction leagues. Not all positions are represented.

Catcher	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Jesus Flores	1	1	343	8		0.301	3	4		15		13		0	
Ryan Hanigan	1	1	0			0.263	14	3		11		22		0	
Miguel Olivo	1	1	410	3		0.249		23	2T	65	8	51	13	5	4
Buster Posey	1	1	0			0.118		0		0		1		0	
Kelly Shoppach	1	1	211			0.214		12	13	40		33		0	
First Base	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Carlos Delgado	1	1	479	5		0.298	12	4		23		15		0	
Casey Kotchman	1	1	0			0.268		7		48		37		1	
Logan Morrison	1	1	NA			NA		NA		NA		NA		NA	
Gaby Sanchez	1	1	226	19		0.238		2		3		2		0	
Shortstop	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Reid Brignac	1	1	0			0.278	15	1		6		10		2	
Everth Cabrera	1	1	133			0.255		2		31		59		25	6T
Third Basemen	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Pedro Alvarez	1	1				NA		NA		NA		NA		NA	
Pedro Feliz	1	1	86			0.266		12		82	12	62		0	
Edwin Encarnacion	1	1	147			0.225		13		39		35		2	
Mat Gamel	1	1	22			0.242		5		20		11		1	
Andy LaRoche	1	1	110			0.258		12		64		64		3	
Brett Wallace	1	1				NA		NA		NA		NA		NA	
Outfield	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Michael Brantley	1	1	0			0.313	5T	0		11		10		4	
Melky Cabrera	1	1	177			0.274		13		68		66		10	16
David DeJesus	1	1	145			0.281		13		71	32T	74		4	
Matt Diaz	1	1	269			0.313	5T	13		58		56		12	35T
Brett Gardner	1	1	275			0.27		3		23		48		26	11T
Carlos Guillen	1	1	80			0.242		11		41		36		1	
Aaron Rowand	1	1	167			0.261		15		64		61		4	
Designated Hitter	\$\$	\$	UQB	Rk	Exp	BA	Rk	HR	Rk	RBI	Rk	R	Rk	SB	Rk
Ken Griffey Jr	1	1	130			0.214		19	4	57	5	44		5	0
Starting Pitchers	\$\$	\$	UQB	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	W	Rk		
Jake Arrieta	1	1	NA			NA		NA		NA		NA		NA	NA
Erik Bedard	1	1	487	13		2.82	10	1.19	19T	90		5			
Aroldis Chapman	1	1	NA			NA		NA		NA		NA			
Wade Davis	1	1	NA			NA		NA		NA		NA			
Justin Duchscherer	1	1	NA			NA		NA		NA		NA			
Jeremy Hellickson	1	1	NA			NA		NA		NA		NA			
Brian Matusz	1	1	NA			5.63		1.48		38		5			
Relief Pitchers	\$\$	\$	UQB	Rk	Exp	ERA	Rk	WHIP	Rk	SO	Rk	Sv	Rk		
JP Howell	1	1	170			2.83		1.2	17T	79	10T	17			
Jim Johnson	1	1	0			4.11		1.37		49		10			
Franklin Morales	1	1	0			4.5		1.53		41		7			
Fernando Rodney	1	1	71			4.4		1.47		61	19T	37	10T		

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Shea Stadium and Yankee Stadium Memories

By Russ Cohen

I have been to Flushing more times than I care to count. I recently attended my 20th-consecutive Opening Day and I have been to more than that. I am a die-hard and even though the stadium is in decay, I am still going to miss it. Sound familiar, Phillies fans? I have now updated this to include my favorite Yankee Stadium memories as well.

1) In 1973 - I won a contest at my local Carvel and that meant that I won two tickets to a Yankees game. This was my first trip to the Stadium, but not my last. It was against the mighty Oakland A's and they hit back-to-back-to back homers. My cousin Barry took me to the game.

2) August 4, 1985 - I saw Tom Seaver win his 300th game there on Phil Rizzuto day! I was getting yelled at all day by the fans that saw me cheering for him but too bad, my favorite all-time pitcher won that game!

3) June 16, 1997 - This was the first-ever Subway Series game! I watched Dave Millick pitch a 6-0 shutout. This was the loudest crowd that I have ever heard at a ballpark. I didn't put my Met hat on until the 6th inning.

4) October 22, 2000 - Roger Clemens throws a piece of shattered bat at Mike Piazza in the first-ever Subway World Series. I sat in the bleachers with my wife.

5) July 2000 - Roger Clemens beamed Mike Piazza. I was sitting in front of Vince Piazza, Mike's mom and his Playboy Playmate girlfriend. Needless to say, they were terrified when this happened. This was part of a day-night doubleheader at Shea, the first in over 100 years!

6) June 1997 - I attended another Subway Series game and the Yankees won that one.

7) Late 1990's - I got free tickets from a friend of Brian Cashman and we all sat right behind home plate. It was a Yankees-Mariners game and it was fun to watch Ken Griffey Jr. and A-Rod as teammates at the time.

8) October 3, 1981 - I saw a Yankees Red-Sox game on my birthday with my parents. Even lifelong Mets fans can have fond memories of Yankee Stadium!

As a kid, I used to walk into Abraham and Strauss (A&S) and they had the first Ticketron that I could remember and then my dad would hand me the Mets schedule and we would buy our seats after I carefully counted the days in between Tom Seaver's starts so I would see him every time. That system worked right up until 1974 when he was 11-11 and he had a cranky hip and he finally missed a few starts. Up to that point, he averaged 35 starts a season. He was money in the bank; the team also had a four-man rotation.

As I got older I had to get my own tickets and I never stopped. Here is a list of my favorite games and, yes, I looked up the box scores to be accurate:

August 17, 1978 - I decided to take the train in with a buddy and we sat next to a nice lady, talked some baseball, and it turns out she was the Mets' nurse since the team's inception and we got her seats - - right behind home plate. The first two behind the umpire! I remember Warner Wolf coming up to us and giving us an autograph and I scored one of Gaylord Perry! I still have it and he pitched a solid six for the win. We watched him play "Pepper" before the game even though the sign said "No pepper allowed" and we walked in through the press entrance. Life was sweet!

April 15, 1981 - Aaron and I took in the Mets opener. Pat Zachary got the win! I fell in a small manhole cover opening shortly after we left the stadium and we both got mugged, by knifepoint, in Corona Queens while walking to Aaron's aunt's house. It was a memorable day: the crooks stole \$6 and a train ticket from me.

June 11, 1981 - The Mets were playing the Cincinnati Reds. Seaver was pitching against his old team and there was the threat of a strike (it started on June 12). I rooted for Tom on that day and he went nine strong, giving up just two runs. Pat Zachary, the man included in the Seaver trade, pitched seven but lost a 5-2 game. George Foster went deep and I went home happy as a Seaver fan who was still mourning that horrific trade.

December 27, 1981 - Jets-Bills AFC Wild Card playoff game - I waited in my car overnight for heat and to study for a final. When morning came, we got our seats in the endzone! When gametime hit, it was raining and Jets kick returner Bruce Harper fumbled right in front of us and Buffalo scored with a few ticks off the clock. I had a hard time believing what I saw and Aaron was so inebriated that he had to be carried in and out of the stadium. The Jets lost this one 31-27 after trailing 24-0.

April 5, 1983 - It was Opening Day and the Mets had Tom Seaver on the mound once again! It was my most memorable game even though I missed a few innings because of traffic. For many years, it was the Mets biggest sellout (46,687) and Steve Carlton was facing Tom. I listened to Bob Murphy to start things off and when we hit the stadium, Tom Terrific was in rare form and he pitched six shutout innings en route to a 2-0 win.

August 1983 - Triple bill concert - REM, Joan Jett and the Blackhearts and The Police. We partied and missed REM but playing Frisbee at Shea Stadium seemed to be more fun at the time. The show was amazing and I honestly felt that Joan Jett was the best act of the evening. This was a fun night!

October 11, 1986 NLCS - A Game 4 rainout forced me to sell great seats because I had to work the next day. I had seats just a few rows from the field and it was the Mets first playoff appearance since 1973! Bummer! We also had tickets to one of the NLCS games in 1988 that was rained out as well!

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Shea Stadium and Yankee Stadium Memories

(Continued from Page 19)

April 29, 1987 – This was my first baseball date and second overall with my wife of 20 years, Amy. Sid Fernandez pitched well and Amy brought binoculars. I got great field-level box seats because it was a day game and with Amy's binoculars, I saw Mike Scott scuff the ball on multiple occasions. The umpire checked him, but never took him out of the game. The Mets won the game 2-1.

I left out some Wild Card and NLCS games because they didn't rate to these memories. I saw Mark McGwire notch his third consecutive 50-plus homer season which was a record-breaker (Ralph Kiner had the previous NL record with two), but now that is tainted in my mind. Jackie Robinson Night was great, but not an all-timer. I left out the World Series game in 2000 when the Yankees clinched the championship at Shea. That one hurts too much and I left out a Banner Day doubleheader where Amy wanted to strangle me after we ended up being at the ballpark for over seven hours! I flew from Virginia and back in the same day to see the Mets retire Seaver's number, but they lost. I went to the first Dog Day. I was at the last Opening Day and that was another bad memory, especially when the 80's song "Never Gonna Let You Go" was voted the song of the day. Sure, there were more bad memories than good ones, but I wouldn't have traded any of them for the world, because sitting outdoors at a baseball game is always a good experience no matter the outcome.

Andre "The Hawk" Dawson Gets His Hall of Fame Ticket Punched

By Russ Cohen

This article won't talk about the others that were shortchanged in this year's Hall of Fame voting. Instead, it will talk about the man that was voted in, Andre "The Hawk" Dawson!

For years, he was the face of the Expos franchise, and that's why he was prominently mentioned in my new book, "Strike Three", available on www.lulu.com and many other outlets.

He was the ultimate five-tool player and his bat struck fear in opposing pitchers. He had eight All-Star Game appearances, eight Gold Glove awards, and he once took a contract of just \$100,000 plus incentives while he was with the Cubs in 1987 (he ended up making only \$700,000 that season). Today's players would never do that, especially with hardly any cartilage left in his knees, and magically he led the league with 49 homers and 137 RBI — winning the NL MVP that season!

Under the old rules, "The Hawk" would have gone in as a member of the Montreal Expos because he would have chosen that! Now "The Hall" will make the choice. The Expos franchise was decimated by the economics of the game and now they can get this final gift!

This former 11th round pick has now gotten the respect that he so richly deserved; he will be inducted into the National Baseball Hall of Fame this coming July.

THE FDH LOUNGE MULTIMEDIA MAGAZINE: Nothing is off-topic

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Product Review - 2010 Topps Series 1 Returns to Its Roots

By Rob Bertrand

Topps. The word itself is synonymous with baseball cards and as much a part of the sport as Spring Training and the World Series. Despite recent attempts by its competitor to let collectors think otherwise, Topps is the exclusive trading card manufacturer of Major League Baseball for 2010, returning to their glory days for the first time in almost 30 years as the name in baseball trading cards.

To coronate this fact, Topps is providing collectors an opportunity to recapture lost moments of history, time and cardboard treasure with one of the biggest promotions the hobby has ever seen. Randomly inserted at a rate of approximately 1:6 packs, casual fans and collectors will find Topps Million Card Giveaway code cards. These codes can be redeemed online to reveal an original Topps card from years gone by. This includes (according to Topps PR spokesperson Clay Luraschi) (3) 1952 Mickey Mantle rookie cards, the granddaddy of them all.

In addition to this unprecedented promotion, which has garnered national, mainstream media attention, Topps has partnered with Cal Ripken Jr. as the official spokesperson for the promo, sending him on a media blitz that saw show hosts and anchors opening packs of 2010 Topps on such shows as Fox & Friends and CNN's Lunch Break. The positive media coverage is nearly unprecedented, being featured in such icons of media as the Wall Street Journal. Topps is to be commended for their promotional achievements and one can only imagine what attention will be paid once one of the '52 Mantles is revealed.

Stunning photography, attractive design, fun and numerous inserts have long been hallmarks of Topps flagship brand and this year is no different. 2010 may be one of the strongest ever for insert sets, which capitalize on Topps historic heritage in the hobby and their stable of iconic players from past eras, courtesy of their licensing agreement with CMG. Opening packs of 2010 Series 1 Baseball brought back feelings of being a kid and anxiously awaiting the start of Spring Training and a new season, all the while wondering when my local drug-store was going to get in the new Topps cards.

The inserts alone provide not only a look at the game's current players but a walk through the history of the game itself in Tales of the Game, History of the Game and a retrospective biography of some of the greatest players the game has ever seen with Peak Performance. Paralleling that experience is a replication of iconic card designs from the Topps archive in what has become a wildly popular insert set, appropriately titled, The Cards Your Mother Threw Out. Additional insert sets include the pairing of a current and historical player in the set, Legendary Lineage. Not wanting to disappoint collectors, Turkey Red inserts return, as do the kid-friendly Topps Town cards, used to unlock a virtual trading card world. Sticking with the whole "what's old is new" theme, Topps brings back one of its most well-known designs in the When They Were Young insert set — embarrassingly featuring a current major leaguer depicted as a Little Leaguer from their youth.

One of the most unheralded improvements to the brand is the refurbished Rookie Card Logo. No longer an eyesore, significantly detracting from the aesthetic value of the card, the new designation is much smaller and more easily blends into the card design itself — so much so, that at first quickly going through a pack, it is easy to miss, which is exactly the way it should have been in the first place.

The 330-card set consists of 249 Veterans, 30 Rookies, 15 Team, 15 Franchise, ten League Leaders, the two Cy Young and two MVP award winners, the two ROY Winners, along with #7 Mickey Mantle, Plus 5 Classic Combo Cards. The card design itself utilizes a crisp action shot and team color and foil lettering on a white-bordered card stock. The gloss card stock helps protect the cards better than traditional card stock and Topps continues to utilize it in their flagship brand in 2010.

Packing out in several different configurations, collectors have many chase elements from Hobby, Jumbo and Retail versions to seek. The Hobby version we broke provides your customary 36 packs per box and ten cards per pack. Per box highlights include one autograph or one relic card per box. We were pleasantly surprised to find a Peak Performance Bat Relic card of Rickey Henderson. A big fan of retired player content, I was very happy to pull this card of one of the game's greatest players, as I'm sure Rickey himself would tell you.

(Continued on Page 22)

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Product Review - 2010 Topps Series 1 Returns to Its Roots

(Continued from Page 21)

So what did we find? Here is the breakdown and we will be posting a link to a complete gallery soon. We've also attached the complete checklist and a worksheet that details complete insertion ratios and numbering.

Total cards- 355 including 243 of the 330-card base set, for a completion rate of 73.6%. 62 inserts, 36 Topps Town, 6 Million Card Giveaway, 1 Relic, 6 Parallels, 8 doubles.

Relic 1:36

Peak Performance- Rickey Henderson PPR-RHE
Tales of the Game 1:6

TOG-6 Ernie Banks, TOG-7 Bill Mazerowski, TOG-14 Reggie Jackson, TOG-17 Wade Boggs

TOG-19 Cal Ripken Jr., TOG-20 Derek Jeter

History of the Game 1:6

HOTG1- Baseball Invented, HOTG3- NL Created, HOTG5- First World Series, HOTG6- President Taft, HOTG7- Ruth Sold to Yankees, HOTG23- Ripken Breaks Streak

Peak Performance 1:4

PP5- Babe Ruth, PP11- Mel Ott, PP16- Vladimir Guerrero, PP19- Tris Speaker, PP21- Jimmie Foxx
PP22- George Sisler, PP27- Tom Seaver, PP32- Ryan Howard, PP47- Roger Maris, PP50- Ty Cobb
Legendary Lineage 1:4

LL-3 Ruth/A-Rod, LL-4 Gehrig/Teixeira, LL7- Sisler/

Ichiro, LL14- Spahn/T. Hanson (Uh bit premature, don'tcha think?), LL15- Snider/Ethier, LL18- Gary Carter/ D. Wright, LL19- Ford/Sabathia, LL28- N. Ryan/Greinke

Turkey Red 1:5

TR1- Ryan Howard, TR25- Ernie Banks, TR28-

Mickey Mantle, TR30- Victor Martinez

TR32- Zack Greinke, TR36- Matt Holliday, TR42-

Ian Kinsler, TR44- Matt Kemp, TR45- Ryne

Sandberg, TR49- Josh Hamilton

When They Were Young 1:6

WTWY-RN Ricky Nolasco, WTWY-SO Scott Olsen,

WTWY-RM Russell Martin, WTWY-RD Ryan Doumit

The Cards Your Mother Threw Out 1:3 (Original Back 1:36)

Ozzie Smith (Original '79 Back SP)

CMT1- Mickey Mantle, CMT-16 Willie McCovey,

CMT-21 Tom Seaver, CMT-26 Reggie Jackson,

CMT-32 Ryne Sandberg, CMT-34 Dwight Gooden,

CMT-35 Tony Gwynn, CMT-40 Chipper Jones,

CMT-49 Randy Johnson, CMT-53 Alfonso Soriano,

CMT-55 Alex Gordon.

Parallels (All Gold 1:4)

#165 Brandon Phillips 1981/2010, #170 Jason Bay

1352/2010, #211 Kelly Shoppach 593/2010

#151 Mat Gamel 1325/2010, #225 David Price

723/2010, #157 Mike Sweeney 119/2010

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FDH Standings/Awards Predictions for 2010 MLB

STANDINGS

AL EAST

X-New York Yankees 95-67
Y-Boston 91-71
Tampa Bay 89-73
Baltimore 73-89
Toronto 71-91

AL CENTRAL

X-Chicago White Sox 86-76
Minnesota 82-80
Detroit 81-81
Kansas City 75-87
Cleveland 73-89

AL WEST

X-Texas 85-77
Los Angeles Angels 83-79
Seattle 82-80
Oakland 75-87

NL EAST

X-Philadelphia 90-72
Y-Florida 86-76
Atlanta 85-77
New York Mets 77-85
Washington 72-90

NL CENTRAL

X-St. Louis 91-71
Milwaukee 83-79
Chicago Cubs 80-82
Cincinnati 79-83
Pittsburgh 77-85
Houston 71-91

NL WEST

X-Arizona 85-77
Los Angeles Dodgers 83-79
Colorado 81-81
San Francisco 80-82
San Diego 67-95

DIVISIONAL ROUND OF PLAYOFFS

New York Yankees over Texas in 4
Boston over Chicago White Sox in 4
St. Louis over Florida in 5
Philadelphia over Arizona in 5

LEAGUE CHAMPIONSHIP SERIES

New York Yankees over Boston in 6
St. Louis over Philadelphia in 6

WORLD SERIES

St. Louis over New York Yankees in 6

AWARDS

AL Rookie of the Year: Neftali Feliz
AL Most Valuable Player: Ian Kinsler
AL Cy Young Award Winner: Felix Hernandez
AL Manager of the Year: Ron Washington
NL Rookie of the Year: Jason Heyward
NL Most Valuable Player: Hanley Ramirez
NL Cy Young Award Winner: Roy Halladay
NL Manager of the Year: Fredi Gonzalez
World Series MVP: Albert Pujols

FDH Minor League System Rankings

NOTE: These rankings are based on a point system generated by our Top 50 FDH Long-Term Minor League Prospects (Page 8).

- 1 Texas 357
- 2 Tampa Bay 345
- 3 San Francisco 270
- 4 Cleveland 261
- 5 Atlanta 234
- 6 Washington 222
- 7 Oakland 219
- 8 Colorado 198
- 9 Florida 195
- 10 Toronto 183
- 11T Baltimore 144
- 11T] Boston 144
- 13 Pittsburgh 135
- 14 New York Yankees 129
- 15 Seattle 105
- 16 Chicago Cubs 102
- 17 Philadelphia 102
- 18 Cincinnati 87
- 19 Kansas City 75
- 20 Minnesota 63
- 21 Arizona 57
- 22 Houston 54
- 23 San Diego 45
- 24 New York Mets 39
- 25 Milwaukee 33
- 26 Detroit 27
- 27T Chicago White Sox 0
- 27T Los Angeles Angels 0
- 27T Los Angeles Dodgers 0
- 27T St Louis 0

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^ college hoops team bracket draft
^ college football team draft
^ college football team bowl draft

But wait, what are these other permutations???

^ presidential election
^ hot dog eating contest

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Rinse
Wash
Repeat

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2010 Fantasy Overview

^ Two trends that we've been monitoring over recent seasons continued to materialize in 2009. The first is the narrowing ratio between home runs and stolen bases. Taters will always be more plentiful than steals, but the gap between the two is narrowing, meaning that power is SLIGHTLY more valuable relative to speed compared to the height of the steroid era. Speed still has value, elite speed much more value, but it's harder to make tradeoffs than it used to be, especially for players at traditional power positions like Chone Figgins, Jacoby Ellsbury and Ichiro. Shockingly, the fantasy baseball industry has yet to catch up to this truism, such that the most important note about the present landscape that you need to know entering your draft is this: SPEED IS VASTLY OVERVALUED!

^ The second trend that continues is the rising number of strikeouts per game almost each season recently. We predicted starting back in 2006 that with MLB's implementation of amphetamine testing that elite heat would take on more value because players no longer able to "bean up" to play would not be catching up to it, especially in the dog days of summer. Strikeout numbers are more important than ever for big-time pitchers and your team needs to reflect this trend. Pitchers who are largely dependent on the defense behind them are losing a lot of value in this climate. As FDH Managing Partner Rick Morris said awhile back on THE FANTASYDRAFTHELP.COM INSIDER (Wednesdays, 7-10 PM EST on SportsTalkNetwork.com): "You cannot be an ace if your best pitch is the 'I hope he hits it right at someone' pitch."

^ The middle infield and catcher positions tend to be lumped together in terms of relative scarcity from year to year, but of course no two seasons are completely alike and the availability of desirable starters at each position will vary from year to year. In 2009, we labeled the pool of starting-caliber shortstops "as deep as any of these positions have seen in recent memory." Unfortunately, the position suffered many regressions last year, such that it is now the shallowest of the three lineup spots in terms of legitimate starters with five. Try to get one of those — they are collectively listed higher in our Top 72 than the catchers and second basemen to underline the necessity of this — and you will have an edge at a key position.

^ Balance continues to be a key watchword for fantasy success in 2010, especially in roto-based leagues. With few obvious exceptions such as the speed-challenged Albert Pujols, hitters who deliver no value in any of the standard fantasy categories should take a back seat to other, more well-rounded contributors. If it becomes necessary to "sell out" to pick up a player in the middle-to-later rounds with good value but who is lacking in a few categories, try to find pick up their "offset twin" — a player with mirror-image strengths and weaknesses. A few possibilities would include Adam Dunn/Ichiro and James Loney/Mark Reynolds (an actual combination of players owned for \$1 apiece in a 20-team, long-term keeper league by FDH Managing Partner Rick Morris).

2009 Legitimate Breakthroughs/Reclamation Cases

NOTE: These players all reached another level last year, whatever level that may be, and should be considered "for real."

C: Miguel Montero

1B: Billy Butler, Pablo Sandoval, Joey Votto

2B: Aaron Hill, Ben Zobrist

SS: Troy Tulowitzki

3B: Pablo Sandoval

OF: Nelson Cruz, Carlos Gonzalez, Justin Upton, Ben Zobrist

SP: Matt Cain, Zack Greinke, Tommy Hanson, Felix Hernandez

RP: Andrew Bailey

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